

SSC 2026

Beyond the Guidelines

Gender medicine and Cardiovascular diseases in ICM

Catania | **June 26, 2026**



PROGRAM

www.iwinideal.com

Endorsement by



Città di Catania



Egyptian Society of Anesthesiology And Acute Care medicine



Fluid management, advanced hemodynamics, gender medicine, and ERAS pathways are key elements in improving outcomes for critically ill and perioperative patients. IFADmini was created through the collaboration of iWIN, International Fluid Academy (IFA), CARACT SIAARTI, and ERAS Italia to offer an international, multidisciplinary program combining plenary lectures, case discussions, and hands-on sessions, while promoting inclusion, practical training, and professional exchange.



WHO IT IS FOR

- Intensivists and anesthesiologists
- Surgeons involved in ERAS pathways
- Emergency physicians, psychiatrists and acute care specialists
- ICU nurses and perioperative staff
- Clinical pharmacists, hemodynamic monitoring technicians and physiotherapists
- Residents, PhD students and educators interested in hemodynamics, fluid management and gender medicine



LEARNING OBJECTIVES

- Apply updated principles of hemodynamic monitoring to guide therapeutic decisions
- Implement fluid stewardship strategies to prevent overload and plan deresuscitation
- Integrate ERAS elements into perioperative management of critically ill patients
- Evaluate and apply gender medicine perspectives in clinical decision-making
- Develop technical skills and teamwork through practical exercises and simulations
- Understand the new Surviving Sepsis Campaign 2026 guidelines

- Patrick Aeberhard,
- Sarah Al Sharie, Irbid (JO) *RC
- H. Al Rahma,
- Irene Aragao, Porto (PT)
- Elena Bignami, Parma (IT)
- Giuseppe Calabrese, Catania (IT)
- Duccio Conti,
- Maria Cruz Martin Delgado, Madrid (ES) *RC
- Daniela Distefano, Catania (IT)
- Luca Giannotti,
- Olfa Hamzaoui, Paris (FR)
- Safaa Helal, Shibin El Kom (EG) *RC
- Ahsina Jahan,
- Ilenia Lombardi, Ancona (IT)
- Manu Malbrain, Lublin (PL)
- Fabio Mangia, Palermo (IT)
- Alessandro Marra, Catania (IT)
- Luciana Mascia, Lecce (IT)
- Anna Teresa Mazzeo, Messina (IT)
- Rajesh Chandra Mishra,
- Alberto Noto, Messina (IT)
- Giovanna Panarello,
- Ettore Panascia, Catania (IT)
- Javier Perez-Fernandez,
- Luigi Pisani, Bari (IT)
- Jordi Rello, Barcelona (ES)
- Marco Rossi, Roma (IT)
- Francesca M. Rubulotta, Catania (IT)
- Giuseppe Servillo,
- H. Soliman,
- Jean-Louis Teboul, Paris (FR)
- Carla Teixeira, Porto (PT) *RC
- Maria Theodorakopoulou, Athens (GR)



S.1	SESSION 1 Welcome and opening	
08.30	Introduction F.M. Rubulotta, I. Lombardi	
09.00	Authorities: Dean, Major, Chair of the Department CPAR: G. Servillo - ECCC-Dubai: H. Al Rahma ERAS: M. Rossi - ESICM: M. Theodorakopoulou INTERNATIONAL FLUID ACADEMY (IFA): M. Malbrain iWIN: O. Hamzaoui - SFRL/FEMMIR: J.L. Teboul SIAARTI: E. Bignami - WFICC: J. Perez-Fernandez	
10.30	Physiology of the cardiovascular system A. Marra	
10.45	Why is it important to monitor cardiac output? E. Panascia	
11.00	COFFEE BREAK	
S.2	SESSION 2 Setting the stage	
11.15	What is preload responsiveness? J.L. Teboul	
11.30	Sex-related differences in cardiovascular pathophysiology O. Hamzaoui	
11.45	Fluids are drugs: introduction to fluid stewardship M. Malbrain	
12.00	How to prevent fluid accumulation? O. Hamzaoui	
12.15	Swan-Ganz catheter: Is there still a place? TBD	
12.30	Surviving Sepsis campaign 2026: beyond the guidelines M. Theodorakopoulou	

S.3	SESSION 3 Voices from the world	
12.45	Low- and middle-income countries: World Federation, India, WHO, Pan Arab A. Jahan, S. Helal *RC, R. Misha	
13.00	Prevention & Lifestyle: harm reduction strategies P. Aeberhard	
13.15	LUNCH	
S.4	SESSION 4 Hands-on skill stations	
	HEMODYNAMIC - Skill station 1 Chairs: E. Panascia, O. Hamzoui Leader CARACT/SIAARTI	FLUIDS - Skill station 2 Chairs: M. Malbrain, M. Rossi Leader FLUID ACADEMY/ERAS
14.00	Hemodynamic characteristics of septic shock: which monitoring? E. Panascia	VExUS demonstration M. Malbrain
14.20	Clinical presentation of hemodynamic monitoring in septic shock J.L. Teboul	BIA monitoring demonstration H. Soliman
14.40	Hemodynamic characteristics of cardiogenic shock: which monitoring A. Noto	IAP monitoring demonstration F. Rubulotta
15.00	Clinical presentation of haemodynamic monitoring in cardiogenic shock O. Hamzaoui	What is fluid accumulation and abdominal compartment syndrome? M. Malbrain
15.15	COFFEE BREAK	

S.5	SESSION 5 Interactive Discussions	
	ECMO V-V AND A-V	FLUIDS AND ERAS
15.45	When and how to choose the right patient and the right timing G. Panarello	Interactive case presentation Presented by M. Malbrain Discussed by A.T. Mazzeo, M. Rossi, S. Helal *RC
16.30	Clinical presentation of cases treated with V-V and A-V ECMO Case discussion G. Burgio	ERAS case discussion M. Rossi Case discussion D. Conti ERAS Italia case discussion M. Rossi, L. Mascia, D. Conti, L. Giannotti
S.6	SESSION 6 Round table and closing session	
17.00	Round table Chairs: J. Rello <i>SSC 2026: Leader</i> J. Rello, J.L. Teboul, A. Jahan, R.C. Mishra, S. Helal *RC, M. Theodorakopoulou, I. Aragao, M.C. Martin Delgado *RC, C. Teixeira, S. Al Sharie *RC, L. Pisani	
18.00	CLOSING LECTURE How artificial intelligence will guide fluid therapy in the future E. Panascia	
18.30	Take home message & closing remarks F. Rubulotta (iWIN), M. Malbrain (IFA)	

Information

VENUE

Palazzo della Cultura
 Via Vittorio Emanuele II, 121
 95131 Catania (CT).

OFFICIAL LANGUAGES

English or Italian, no simultaneous translation.

REGISTRATION FEES

Legal VAT (22%) is included.

MAIN MEETING

in person all	€ 144,00
virtual all	€ 72,00

Online pre-registrations should be submitted before **June 16, 2026**. Registration fees include: badge, attendance certificate and any catering services included in the program.

ONLINE REGISTRATION

Registration should be submitted online at the websites www.iwinideal.com
 Please read the instructions carefully before starting your registration.

INSTRUCTIONS FOR PAYMENT

Payment of the registration fee can be done as follows
 Credit Card (Visa, Mastercard, Maestro, Moneta).

CANCELLATION POLICY

A 50% refund of the registration fee will be paid ONLY for cancellations notified in writing before **May 30, 2026**. No refund is due for later cancellations.

INVOICING

The invoice will be sent to the address entered during registration at www.iwinideal.com. Receipt of the invoice will confirm registration.

ORGANIZING SECRETARIAT

Start Promotion S.r.l.
Provider ECM Standard N. 622
 Via Soperga, 10
 20127 Milano (IT)
 Tel.: +39 02 6707 1383
vera.tavella@startpromotion.it
www.iwinideal.com

The background is a vertical split of light blue on the left and light pink on the right. Overlaid on this are numerous concentric circles and arcs of varying sizes and colors (blue and pink), creating a layered, geometric pattern. The circles are centered on the vertical split line.

www.iwinideal.com