

# FREM Section Meeting Report

**Date:** Thursday, 7 May 2026

**Time:** 12:00 – 13:30 (virtual)

**Chair:** Christian Stoppe

## 1. Opening & Administration

- Meeting opened with welcome to new and current members
- Minutes of hybrid FREM Section meeting (28 October 2025) approved

## 2. Social Media & Communication

- **Sub-committee:** Catarina Domingues & Eloisa Velasquez
- **FREM Month (April)** – Educational webinar "*Navigating the Narrow Path: Feeding Strategies on ECMO*" available on ESICM platform
- **FREM & NEXT Podcast** – "*Redefining Precision Nutrition*" available on ESICM Spotify
- **Video-on-Demand** – 3 early career members selected (to be communicated soon)
- Monthly SMDC meetings and continuous webpage updates

## 3. LIVES Congress 2026 (Lisbon, 10–14 October)

### Allocated sessions:

- 1 debate, 1 thematic, plus joint sessions
- **Joint Thematic:** "*The Fed Brain in Crisis: Timing, Targets, and Metabolic Modulation in Neurocritical Care*"
- **Joint Debate:** Treatment in burn patients
- NEXT Lounge sessions, pre-courses (liver, pancreatitis), tutorials
- **Key takeaway:** Need more interaction with other sections

## 4. Research Projects

**New Research Meeting** – Planned for 28 May

### Ongoing projects:

- **GUTPHOS** – 1<sup>st</sup> publication under review at ICM
- **ACUTE** – 120 interested, 40 contracted, first patients enrolled
- ESICM award projects ongoing

### Publication and Review initiatives:

- *Feeding the injured brain* – emerging concepts for publication – lead Stefano
  - *Device-Stratified Guideline* (ECMO, CRRT, MCS, liver support) – ESICM & evtl. ESPEN or other ESCIM collaboration project (lead: Stefano)
  - Gut microbiota & nutrition strategies (lead: Kursat)
  - Micronutrients multicentre study concept
  - The use of ultrasound in ICU to assess nutritional status (lead: Slavica)
- Please get involved: you can send an email to [christian.stoppe@gmail.com](mailto:christian.stoppe@gmail.com) or contact the colleagues directly

**New Initiative:** *Kaspar shared the idea to collect nutrition feeding protocols, to make them available via a shared folder, please help and support!*

## 5. Education & Fellowships

- **Online Nutrition Pathway** – >70 participants, 12 faculty, 2 days
- **New Education study “FELICIA study.”** presented by Jan and Annika
- **Fellowships** – planned for October 2026
- Overall positive feedback

## 6. Section Strategy

- SIG proposal for liver/pancreas/gastroenterology rejected by Executive Committee
- Liver and pancreases should get more attention in our section
- Discussion on visibility of or main themes in our FREM section

## 7. Executive Committee Matters

- **Marie Curie EU Grant – BIO-MICRO** (Angelique de Man)
  - 13 PhD students, 4 countries (NL, DE, Northern Ireland, IT), 6 work packages
  - Focus: functional micronutrient status, subphenotypes, timing, rehabilitation

## 8. Elections – Chairperson Elect

### Candidates:

- Kristine Koekkoek
- Annika Reintam-Blaser

### Vision:

- Better connections of generations (early-career & established)
- Embrace diversity with clear scientific focus
- Maximise reach through accessible education and research

## 9. Action Items & Closing

### Committee Leads:

Research	Kürsat Gündogan & Stefano Marelli
Academy	Simone Piva
Social Media	Catarina Domingues & Eloisa Velasquez
Webinars & other Activities	Varsha Asrani, Kyrillos Nassim & Kristine Koekkoek
Education Course	Annika Reintam Blaser & Jan Gunst

### Next meeting date:

- First FREM Research Meeting planned Thursday, 28 May 2026, from 14:00 to 15:30 CEST
- To be determined

### Next meeting opportunity:

- ESPEN SIG meeting on Monday, the 7th, at 12:15 ROOM XII
- In person meeting @lives to be determined

### Meeting adjourned

Many thanks to all attendees and to all of you who support of section`s activities!!