



**Clinical Ethics and End-of-Life Care
Programme
March 24-25, 2026**

** The event is scheduled according to Central European Time*

DAY 1: March 24, 2026:

Morning Session

Moderators: K. Fuest & K. Rusinová

- 09:00 **Welcome, Introduction & Objectives of the Day** *C. Boulanger, A. Michalsen*
- 09:20 **Culture of the Course and Technical Information** *E. Vera*
- 09:30 **Theoretical Framing of Ethical Principles and Ethical Reasoning** *A. Michalsen*
- 10:05 The 3W's Break (Walk, Window, Water)
- 10:10 **Discussion: Clinical Decision-making – Applicability of Theoretical Principles**
Experts: S. Siddiqui, K. Fuest, R. Gerritsen, J. Jung, E. Rodriguez-Ruiz
Moderator: V. Metaxa
- 11:00 BREAK
- 11:15 **Clinical Case Workshop I: Decision-making**
3 Breakout Rooms:
V. Metaxa, E. Rodriguez-Ruiz & R. Gerritsen
M. Vergano, A. Michalsen & S. Siddiqui
K. Rusinová, J. Jung & N. Efstathiou
- 11:50 The 3W's Break (Walk, Window, Water)
- 11:55 **Questions and Answers, and Challenges from the Chat** *All faculty*
- 12:20 **Case Conclusions wrap-up** (Whiteboard) *R. Saha & N. Efstathiou*
- 12:30 END MORNING SESSION

LUNCH

Afternoon Session

Moderators: R. Gerritsen, V. Metaxa & J. Jung

- 13:15 **Recap Morning Session**
- 13:25 **Clinical Case Workshop II: Advanced Communication**
3 Breakout Rooms:
R. Gerritsen, N. Efstathiou & J. Jung
E. Rodriguez-Ruiz, S. Siddiqui & C. Boulanger
K. Fuest, M. Vergano & A. Michalsen

e-Course endorsed by the Ethics Section, ESICM



14:00	Questions and Answers, and Challenges from the Chat	<i>All faculty</i>
14:10	Case Conclusions Wrap-up (Whiteboard)	<i>R. Saha & N. Efstathiou</i>
14:30	The 3W's Break (Walk, Window, Water)	
14:35	Ethical Climate in Intensive Care Units (ICUs)	<i>V. Metaxa</i>
15:05	BREAK	
15:20	Decision-making in uncertainty <i>Moderator:</i>	<i>K. Fuest, K. Rusinová & M. Vergano A. Michalsen</i>
15:50	Setting appropriate goals of treatment	<i>K. Rusinová</i>
16:25	The 3W's Break (Walk, Window, Water)	
16:30	Questions and Answers, and Challenges from the Chat	<i>All faculty</i>
16:45	Day 1 summary	<i>R. Saha & N. Efstathiou</i>
17:00	END OF DAY 1 / Online beverages	<i>All faculty</i>



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DAY 2: March 25, 2026

Morning Session

Moderators: J. Benbenishty & R. Gerritsen

- 09:00 **Welcome and Objectives of the Day** *C. Boulanger & A. Michalsen*
- 09:20 **Indication, prognostication and limitation** *A. Michalsen*
- 09:40 **Practical Aspects of Limitation of Life-Sustaining Treatments**
Moderator: C. Boulanger
Medication: R. Gerritsen
Nutrition and fluids: K. Fuest
Compassionate extubation: J. Jung
Family-centred care: N. Efstathiou
Communication/words matter: V. Metaxa
The role of palliative care in the ICU: J. Benbenishty
- 11:00 BREAK
- 11:15 **Organ donation: pro-/con- debate** *V. Metaxa & M. Vergano*
Moderator: R. Gerritsen
- 12:00 **Questions and Answers, and Challenges from the Chat** *All faculty*
- 12:15 END MORNING SESSION

LUNCH

Afternoon session

Moderators: N. Efstathiou, E. Rodriguez Ruiz & M. Vergano

- 13:15 **Recap Morning Session** *R. Saha & N. Efstathiou*
- 13:20 **The Role of Communication during End-of-life Care**
- Communication of Prognosis**
- **Tutorial (15')** *R. Saha*
 - **Role Play I (15')** *V. Metaxa, J. Benbenishty*
- De-escalation of conflict**
- **Tutorial (15')** *M. Vergano*
 - **Role-play II (15')** *V. Metaxa, J. Benbenishty*
- 14:20 **The 3W's Break (Walk, Window, Water)**



14:25 **Clinical Case Workshop III: Conflict Resolution**

3 Breakout Rooms

C. Boulanger, E. Rodriguez Ruiz, V. Metaxa

N. Efsathiou, M. Vergano, J. Jung

J. Benbenishty, K. Fuest, R. Gerritsen

15:00 Q&A

15:10 **Case Conclusions Wrap-up** (Whiteboard)

R. Saha & N. Efstathiou

15:20 BREAK

15:35 **Questions and Answers, and challenges from the chat**

All faculty

16:00 **Conclusions**

All faculty

16:15 **Competition Quiz**

Led by V. Metaxa

16:45 END DAY 2