

Election

2025 Elections – N&AHP Committee – Chairperson Elect

User

Sabrina Grossenbacher-Eggmann – sabrina.eggmann@gmx.ch

Date inscription

2025-09-08 10:45:05

Previous positions as ESICM officer

Specialisation

| Speciality | Diploma | Year of qualification | Type speciality |
|-----------------------|---------------------------------------|-----------------------|---|
| Primary speciality | Physiotherapy | 2005 | Bachelor of Science |
| Additional speciality | Master of Science | 2014 | Neurorehabilitation |
| Additional speciality | Critical Care | 2018 | Postgraduate Diploma |
| Primary speciality | PhD "early training in critical care" | 2022 | Faculty of Health, Medicine and Life Sciences, Maastricht University, Netherlands |

Positions

| Institution | Department | Function | From | To |
|--|--|-------------------------------------|------|----|
| Inselspital, Bern University Hospital, Switzerland | Physiotherapy | Clinical academic physiotherapist | | |
| Alfred Health, Melbourne, Australia | Physiotherapy | Honorary Physiotherapist (Research) | | |
| Monash University, Melbourne, Australia | Australian and New Zealand Intensive Care Research Centre (ANZIC-RC) | Postdoc | | |

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|---|---|---------|--|--|
| Children's Research Center, University Children's Hospital Zurich, University of Zurich, Zurich, Switzerland | Pediatric and Neonatal Intensive Care Unit | Postdoc | | |
|---|---|---------|--|--|

Professional Bodies Appointments

Comments

A selection of some peer-reviewed articles:

Eggmann S, Verra ML, Luder G, Takala J, Jakob SM. Effects of early, combined endurance and resistance training in mechanically ventilated, critically ill patients: a randomised controlled trial. PLoS ONE. 2018; 13(11): e0207428.

Eggmann S, Luder G, Verra ML, Irincheeva I, Bastiaenen CHG, Jakob SM. Functional ability and quality of life in critical illness survivors with intensive care unit acquired weakness: A secondary analysis of a randomised controlled trial. PLoS ONE. 2020; 15(3): e0229725.

Eggmann S, Verra ML, Stefanicki V, Kindler A, Schefold JC, Zante B, Bastiaenen CHG. Predictive validity of the Chelsea Critical Care Physical Assessment tool (CPAx) in critically ill, mechanically ventilated adults: a prospective clinimetric study. Disabil Rehabil 2022;7:1–6.

Eggmann S, Irincheeva I, Luder G, Verra ML, Moser A, Bastiaenen CHG, Jakob SM. Cardiorespiratory response to early rehabilitation in critically ill adults: a secondary analysis of a randomised controlled trial. PLoS One 2022

Pecorelli, N, Eggmann, S, Jeitziner, MM, Que, YA, Messmer, AS. Early Rehabilitation Interventions and Physical Therapy in Adults Who Were Critically Ill with COVID–19 Pneumonia: A Retrospective Observational Study. Physical Therapy, 2022; pzac157

Eggmann S, Timenetsky KT, Hodgson C. Promoting optimal physical rehabilitation in ICU. Intensive Care Med. 2024 Apr 2.

Eggmann S, Kindler A, Hilfiger R, Nydahl P. Reliability, validity and practicability of the Chelsea Critical Care Physical Assessment tool (CPAx) following an e-learning programme: A clinimetric study. Intensive Crit Care Nurs. 2025 Jan 29;87:103959.

Details on your candidature

As a current elected N&AHP committee member, I am applying for the position of N&AHP Chair. I am an ESICM member since my first LIVES congress in 2014. I bring 20 years of clinical experience in intensive care as a clinical academic physiotherapist who has a strong focus on early rehabilitation and long-term outcomes of critically ill patients. My clinical role has been deeply embedded in multidisciplinary intensive care teams, working closely with nurses and medical doctors to improve patient recovery and survivorship. In parallel, I have developed the first postgraduate course for physiotherapists working in ICU (University of Applied Science Bern, since 2015). I have led the first Swiss randomised

controlled trial on early training in the intensive care unit [Eggmann et al. 2018] and I continue to contribute to international research projects. I am, for example, involved in the ESICM Consensus Statement on Human-Centred Partnership and the development on an ESICM course for recovery.

I strongly believe that the future of intensive care must focus on person-centred care that is built on interprofessional collaboration. My vision is that, together as ICU professionals, we not only save lives but also make them liveable again. As the N&AHP Chair, I would work with passion to ensure that nurses and allied health professionals' perspectives become more embedded within the society. Being an AHP myself, I have a unique opportunity to give a voice to the perspectives and wishes of this still highly underrepresented group within the society. "Together we are ICU" must include nurses along with AHPs. Thus as N&AHP chair, I will make sure that the society can move further to achieve their goals of more diversity and inclusion. I will strengthen the visibility of N&AHPs and make it more attractive for N&AHPs.

My previous work as the physiotherapy N&AHP representative (2022–2024) and the N&AHP conference representative (2024–2026) has included contributions to ESICM LIVES 2025, the ESICM Humanising Care Webinar series, the ESICM podcast as well as bi-annual physiotherapy meetings fostering collaboration and research (Physiotherapy Provision and Practice: A European Intensive Care Unit survey – PEAiCE project). This has provided me with experience in how the committee functions and how it connects to the societies' structures. I am therefore confident in my ability to coordinate N&AHP activities, represent the committee within the EC, and to ensure active contribution to education, research, congress, social media, and inclusiveness initiatives. My plan is to build on the PEAiCE project, to identify AHP's needs within the society, to foster collaboration and to involve members more actively in ESICM activities, to continue to provide excellent education throughout the year as well as an attractive LIVES programme for N&AHPs.

I would be honoured to serve as Chair of the N&AHP Committee, to work closely with the EC as the voice of all N&AHPs, and to contribute to building a stronger, more inclusive, and interprofessional ESICM community.

Sincerely,

Dr phil. Sabrina Eggmann

Financial interests

Description

None

Source

Academic interests

Description

None

Declare no conflict of interest

Yes

I hereby certify that I have read and understood the Statutes of ESICM.

Yes

I hereby certify that I have read and understood the job description for the position I am applying to.

Yes

I am able to dedicate enough time to perform the job and attend the regular meetings necessary for this position.

Yes

I hereby certify that I agree on all the tasks described in the job description and agree to undertake them.

Yes

I confirm that the information given in this form is to the best of my knowledge and belief, true and accurate.

Yes