**INFORMATION SHEET FOR PARTICIPANTS**

*Ethical Clearance Reference Number:* ***MRA-24/25-48478***

**YOU CAN ARCHIVE THIS INFORMATION SHEET**

**Title of study**

To develop an evidence-based curriculum on patient recovery for professionals working in the intensive care unit

**Invitation Paragraph**

You are being invited to participate in an anonymous online questionnaire. This is about your opinions on developing an evidence-based curriculum to educate intensive care unit (ICU) clinicians (such as nurses, physiotherapists, occupational therapists, doctors). The curriculum is expected to address symptoms, consequences, population and interprofessional challenges, as well as evidence-based interventions commenced during an ICU stay and beyond, with the aim of enhancing recovery during and after critical illness for patients and their relatives.

Before you decide to participate, it is important for you to understand why this research is being conducted and what it will involve. Please take time to first read the following information carefully. Do not hesitate to contact the research team if there is anything that is not clear or if you would like more information.

Thank you for taking the time to read this information sheet.

**What is the purpose of the study?**

Surviving critical illness and being hospitalised in an ICU significantly impacts both short- and long-term health states and quality of life for patients and their family members. ICU clinicians require education to better support ICU survivors and their families to navigate the complex recovery trajectory. Such educational opportunities are currently limited in nearly all European countries.

We aim to develop an evidence-based curriculum to educate ICU clinicians (such as nurses, physiotherapists, occupational therapists, doctors) on symptoms, consequences, and recovery challenges, as well as evidence-based interventions (approach, facility, method of treatment, methodology, protocol, measure, instrument, strategy, in practice and/or policy) commenced during an ICU stay and beyond to enhance recovery during and after critical illness for patients and their relatives.

**Why have I been invited to take part?**

You have been chosen as a potential participant identified by the steering committee.

**What will happen if I take part?**

You would be asked to complete two anonymous online questionnaires hosted on Welphi**.** These questionnaire will take approximately 10-15 mins to complete. We particularly ask you to rate the importance of a list of topics for inclusion in the curriculum.

**Do I have to take part?**

Participation is completely voluntary. You should only take part if you want to and choosing not to take part will not disadvantage you in anyway. If you choose to take part you will be asked to provide your consent. To do this you will be asked to indicate that you have read and understand the information provided and that you consent to your anonymous data being used for the purposes explained.

**What happens if I do not want to take part or if I change my mind?**

If you do decide to participate you will be given this information sheet to keep and will be asked to tick a boxto confirm consent as the first item of the online questionnaire. If you decide to take part you are still free to withdraw at any time without giving a reason and without detriment to yourself up until the point that you submit your online responses. It will not be possible to remove your data from the project once you have submitted your responses as they are collected anonymously and we will not be able to identify your specific data. This does not affect your data protection rights. If you decide not to take part you do not need to do anything further.

**Incentives**

There is no payment or particular incentive for your participation.

**Data handling and confidentiality**

This research is anonymous

Your answers will nevertheless be treated confidentially and the information you provide will not allow you to be identified in any research outputs/publications. Your data will be held securely. For detailed information about how we plan to use and store the information that you share with us, please read our **Data Protection, Confidentiality and Further Details Information**.

**How is the project being funded?**

This research project is funded by the ESICM.

**What will happen to the results of the study?**

The results of the study will be used for developing a training on ICU patient recovery and furhter summarised in an open access peer-reviewed article.

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**Who should I contact for further information?**

If you have any queries about the study or if you are interested in taking part then please contact the researcher(s) **Dr Margo van Mol (****m.vanmol@erasmusmc.nl****) and Dr. Sabrina Eggmann (****sabrina.eggmann@insel.ch****).**

**What if I have further questions, or if something goes wrong?**

If this study has harmed you in any way, or if you wish to make a complaint about the conduct of the study you can contact King's College London using the details below for further advice and information:

**rec@kcl.ac.uk**

**Thank you for reading this information sheet and for considering taking part in this research.**