

Election

2025 Elections – 4 NEXT Committee Members Elect

User

Mara Klibus – mara.klibus@gmail.com

Date inscription

2025-09-07 21:58:12

Previous positions as ESICM officer

Type	Country	Function	Section	From	To
N/A					

Specialisation

Speciality	Diploma	Year of qualification	Type speciality
Primary speciality	PDF 4811	2021	

Positions

Institution	Department	Function	From	To
Riga Stradiņš University	Anaesthesiology, Intensive Care and Clinical Simulations	Scientific and acting assistant		

Professional Bodies Appointments

Comments

Currently I am PhD student and my scientific work is about microcirculation assessment in septic shock patients. I participate as researcher and as scientific assistant in several research projects such as Fundamental and Applied Research Programme FLPP-0326: Multiparametric optical technique for fluid resuscitation and vasopressor therapy guidance in critically ill COVID-19 patients and Recovery and Resilience Facility, Consolidation grants, RSU-ZG-2024/1-0011 Optical real time measurement device of microcirculation in peripheral body parts for sepsis/septic shock patients,

Details on your candidature

I align with the committee's goal of preparing future leaders in intensive care medicine (ICM) through international collaboration. As a mentor and workshop organizer, I guide trainees in developing clinical and research skills, encouraging participation in scientific exchanges and leadership opportunities. At Riga Stradiņš University and Pauls Stradiņš Clinical University Hospital, I work with international students, local trainees, and young intensivists. Last year, I had the opportunity to attend the University Hospital in Valencia and Charité in Berlin, which enriched my daily practice. Under my supervision, several trainees have started their own research projects. Additionally, I support their clinical development and provide simulation scenarios for practice, ensuring a safe learning environment. Through ESICM NEXT committee, I aim to strengthen networks and promote knowledge exchange across Europe.

I strive to represent and involve the younger generation of intensive care professionals by voicing their perspectives and promoting inclusivity. This includes creating opportunities for young researchers to present their work, supporting their participation in collaborative projects, and encouraging involvement in international mobility programs. I emphasize mentoring young women researchers, helping them navigate career development challenges, and inspiring long-term careers in intensive care medicine and science. By fostering equal opportunities and ensuring trainees' voices are heard, I aim to strengthen the role of young professionals within ESICM.

I envision the NEXT Committee as a platform to expand the ESICM young community. There is potential to connect trainees with European colleagues in Latvia and the Baltic States. This can be achieved by encouraging participation in ESICM congresses and educational programs, promoting exchange opportunities with European centers, and organizing local workshops or joint initiatives. By involving trainees in these activities, I aspire to strengthen their integration into the broader European intensive care network and contribute to the growth of the ESICM young community.

I believe in adapting educational resources and congress programs to meet the needs of young intensivists. My experience in developing hands-on workshops and simulation-based training equips me to contribute to these initiatives within ESICM. Additionally, I have served as a jury member at Riga Stradiņš International Congresses and annually evaluate abstracts for the international congress at RSU. This involvement has provided valuable insight into the scientific interests and needs of young researchers. Under my supervision, students and trainees actively engage in their own research projects, further strengthening the link between education, scientific development, and practical training. I value the opportunity to represent trainees and young professionals within ESICM structures, ensuring their needs and perspectives are integrated into the society's activities. This can be achieved by collecting feedback from trainees on their educational and professional priorities, presenting these insights within ESICM working groups, and advocating for initiatives such as tailored workshops, mentorship programs, and mobility opportunities.

Finally, I support the mission to provide a platform for mobility and career development.

International collaboration has been a cornerstone of my growth—my experiences at the University Hospital in Valencia and Charité in Berlin broadened my perspective and enriched my daily practice. The knowledge I gained from these exchanges is something I now share with students and trainees. Through the NEXT Committee, I would help others access similar opportunities by encouraging participation in fellowships, exchange programs, and collaborative research projects, thereby supporting their professional development on a European scale.

Financial interests

Description

I declare no conflict of interest. I am currently employed at Riga Stradiņš University and Pauls Stradiņš Clinical University Hospital and Orto Clinic, I get paid salary from these institutions.

Source

Academic interests

Description

I foresee no conflict of interest in case of my election.

I participate as researcher and as scientific assistant in several research projects such as Fundamental and Applied Research Programme FLPP-0326: Multiparametric optical technique for fluid resuscitation and vasopressor therapy guidance in critically ill COVID-19 patients and Recovery and Resilience Facility, Consolidation grants, RSU-ZG-2024/1-0011 Optical real time measurement device of microcirculation in peripheral body parts for sepsis/septic shock patients,

Declare no conflict of interest

Yes

I hereby certify that I have read and understood the Statutes of ESICM.

Yes

I hereby certify that I have read and understood the job description for the position I am applying to.

Yes

I am able to dedicate enough time to perform the job and attend the regular meetings necessary for this position.

Yes

I hereby certify that I agree on all the tasks described in the job description and agree to undertake them.

Yes

I confirm that the information given in this form is to the best of my knowledge and belief, true and accurate.

Yes