

## Election

2025 Elections – 4 NEXT Committee Members Elect

## User

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## Date inscription

2025-09-07 12:16:40

## Previous positions as ESICM officer

## Specialisation

## Positions

Institution	Department	Function	From	To
Ulm University Hospital	Department of Anaesthesia and Intensive Care Medicine	Resident		

## Professional Bodies Appointments

## Comments

## Details on your candidature

### Background

I am an anaesthesia and intensive care doctor in my final year of residency, with a strong passion for clinical research and experience collaborating with teams from Italy, the United States, Japan, and China. After completing high school in my hometown Salzburg in 2012, I moved to Berlin to complete my medical studies at Charité. During my tenure at Charité, I also studied for one year in Rome through the ERASMUS program, and completed my doctoral thesis by working for a year in Boston, Massachusetts. In 2020, I started my residency at the University Hospital Ulm, Germany, where, besides my clinical training, I enrolled in the local clinician scientist program. Since then, I have been training medical students in the simulation centre at my university and giving lectures regularly. By studying and working across these varied and diverse locations and cultures, I have found my passion for working collaboratively in different settings by learning from but also sharing my knowledge with seniors, fellow trainees and students.

The topic of my doctoral thesis was early mobilisation, which, having returned to Germany, allowed me to publish my first paper on a multicentric clinical trial, but more importantly, closely aligned me with leading experts in this field. Another research interest closely tied to early mobilisation is sedation practices. My first clinical interaction with intensive care medicine took place during my 14-month ICU rotation, which exposed me to the many facets of this speciality and deepened my interest in the field. I find intensive care particularly appealing, from a clinical but also research perspective, as it is a complex field with countless possible interventions to improve the short- and long-term outcomes of our ICU patients. As a clinician scientist, I am very motivated to contribute knowledge to that field to help improve clinical practice in ICUs.

Committee member position and how I qualify for it

I envisage the role of a NEXT Committee member as being primarily social and organisational, characterised by frequent and collaborative interactions with fellow committee members. I am well-suited for this position, being a proven team player, committed, open-minded, and motivated.

I have a particular interest in bridging new evidence from research and clinical practice. For example, I envisage Journal Club meetings for trainees, which can provide a valuable platform to critically engage with new evidence, e.g., from ESICM trials, and discuss how results are applicable in the clinical context. This format could be used as part of NEXT lounges. Furthermore, topics such as "How to write a scientific paper" could be presented in the NEXT jamboree. NEXT sessions at ESICM congresses, NEXT visual abstracts, and the ESICM podcasts have always stood out to me for their engaging content, addressing relevant topics and leaving valuable take-home messages. I am very keen to contribute to these inspiring initiatives.

I also believe in the importance of extending the use of communication platforms to reach out in a low-key but effective way to attract and engage young trainees and students.

I believe in the power of training and teaching, where NEXT embodies the spirit and dynamics of the next generation of intensivists and unites medical professionals from all around Europe.

I would be grateful for the opportunity to contribute as a member of the NEXT committee.

Important publications

- Scheffenbichler F.T., et al. "Effects of the level and duration of mobilization therapy in the surgical ICU on the loss of the ability to live independently: an international prospective cohort study." Critical care medicine
- Schaller, S.J., Scheffenbichler F.T., Bein T., et al. "Guideline on positioning and early mobilisation in the critically ill by an expert panel." Intensive care medicine
- Wongtangman K., Borngaesser F., Rudolph M., Scheffenbichler F.T., et al. "The

association of medication–induced deep sedation and emotional distress during mechanical ventilation with adverse discharge: an observational cohort study.” Lancet Respiratory Medicine (in press)

## Financial interests

### Description

None to declare

### Source

## Academic interests

### Description

**Declare no conflict of interest**

Yes

**I hereby certify that I have read and understood the Statutes of ESICM.**

Yes

**I hereby certify that I have read and understood the job description for the position I am applying to.**

Yes

**I am able to dedicate enough time to perform the job and attend the regular meetings necessary for this position.**

Yes

**I hereby certify that I agree on all the tasks described in the job description and agree to undertake them.**

Yes

**I confirm that the information given in this form is to the best of my knowledge and belief, true and accurate.**

Yes