

## Election

2025 Elections – Regional Representative Middle East

## User

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## Date inscription

2025-09-06 21:28:49

## Previous positions as ESICM officer

## Specialisation

Speciality	Diploma	Year of qualification	Type speciality
Additional speciality	National Board of Echocardiography	2019	Critical Care Echocardiography
Primary speciality	FRCPC	2017	Critical Care Medicine
Primary speciality	ABIM	2017	Critical Care Medicine
Primary speciality	FRCPC	2016	Internal Medicine
Primary speciality	ABIM	2016	Internal Medicine
Primary speciality	MRCP	2011	Internal medicine

## Positions

Institution	Department	Function	From	To
Amiri Hospital, Ministry of Health, Kuwait	Digital Transformation Committee	Chair of Committee		
Kuwait Institute of Medical Specialization	Critical Care Medicine Fellowship Program	Program Director		

Kuwait Exteracorporeal Life Support Program		Program Director		
Amiri Hospital – Ministry of Health, Kuwait	Anesthesia, Critical Care Medicine and Pain Medicine	Chair of Department		

Professional Bodies Appointments

Society	Status	From	to
World Federation of Intensive and Critical Care	Board Member Elect		

Comments

Details on your candidature

I am honored to submit my candidacy for the position of Middle–East Representative of the European Society of Intensive Care Medicine. As a clinician, educator, researcher, and leader in critical care medicine with over two decades of experience, I have dedicated my career to advancing intensive care in the Middle East and beyond. This role presents an opportunity to consolidate my efforts on a broader platform, ensuring that the perspectives and priorities of our region are fully represented within ESICM while contributing to the Society’s global mission of excellence in intensive care medicine.

My professional journey reflects a solid foundation in medicine across multiple international training systems. MBChB, University of Birmingham, UK (2003) provided early grounding in clinical medicine in a European context. MRCP, Royal College of Physicians of London, UK (2011) enhanced my competence in internal medicine. ABIM and FRCPC in Internal Medicine and Critical Care (2012–2017, USA & Canada) solidified my expertise through rigorous North American training. Fellowship in Extracorporeal Life Support and Critical Care Echocardiography, University of Toronto (2017–2019) – deepened my specialization in advanced cardiopulmonary support. Diplomate in Critical Care Echocardiography (2019, USA) and ECMO Diploma (2017, Paris, France) accredited subspecialist competencies relevant to ESICM’s educational agenda. Executive Education, Harvard Medical School (2024–2025): Leading Digital Transformation in Health Care equipped me to lead innovation, a quality increasingly relevant to the Society’s strategic direction. This diverse education across the UK, USA, Canada, France, and Kuwait reflects my adaptability and ability to integrate different healthcare perspectives, vital for representing the Middle–East within ESICM.

Currently, I serve as Program Director, Adult Critical Care Fellowship, Kuwait Institute of Medical Specialization (2024–present), Chair, Department of Anaesthesia, Critical Care and Pain Medicine, Al–Amiri Hospital (2020–present), Director, Kuwait Extracorporeal Life Support (ECLS) Program – an ELSO Gold Center of Excellence with retrieval capacity,

representing one of the region's leading centers, and Chair, Digital Transformation Committee, Al-Amiri Hospital (2022–present). In these leadership positions, I have successfully Established advanced ECMO and ECLS programs, training multidisciplinary teams and ensuring international recognition, Directed academic fellowship training, aligning curricula with global standards, and Pioneered digital transformation initiatives, ensuring that critical care services in Kuwait adopt modern innovations in telemedicine and AI-driven clinical support. These experiences have honed my ability to coordinate across health authorities, training organizations, and professional societies key expectations for the ESICM Middle–East Representative.

Research and innovation are central to my professional identity. I have served as principal investigator and regional coordinator for numerous international multicenter trials (e.g., REPLENISH, REVISE, MegaROX, COVID–19 Critical Care Consortium, INDEX Study). My participation spans epidemiology, sepsis, fluid management, sedation, and extracorporeal life support. Notably, my work has been published in high–impact journals including New England Journal of Medicine, JAMA, Critical Care, CHEST, and Intensive Care Medicine. These publications demonstrate both scientific productivity and an ability to foster international collaborations, strengthening the visibility of the Middle East in critical care research. By contributing to evidence–based practice and large–scale studies, I have gained the credibility and networks required to represent our region effectively in ESICM deliberations.

Teaching has been a cornerstone of my career. I have directed recurring ECMO training courses since 2020, training hundreds of healthcare professionals across the Middle East, lectured extensively at regional and international conferences, including Emirates Critical Care Conference, SWAAC ELSO Congress, and World Coma Day, and chaired scientific sessions and organized workshops across multiple disciplines. As a program director and frequent invited speaker, I am passionate about disseminating knowledge and mentoring the next generation of intensivists. This aligns with ESICM's mission to foster education and professional development.

According to the ESICM role description, international representatives are expected to:

1. Be responsible for mutual contact between ESICM, local societies, and health authorities – I already serve in this bridging role between Kuwait's Ministry of Health, regional intensive care societies, and international bodies like ELSO and WFICC.
2. Promote ESICM and recruit members – I have consistently advocated ESICM membership among colleagues and trainees, highlighting its value for education, certification, and networking.
3. Participate in ESICM Council meetings and committees – My current leadership roles demonstrate my readiness to commit time and energy to such responsibilities.
4. Help organize examinations and educational activities – My fellowship directorship and recurring course leadership show my ability to align with ESICM's educational standards.
5. Vote on resolutions and present proposals to the Executive Committee – With a history

of chairing committees, leading academic programs, and steering research proposals, I am well prepared to bring forward regional perspectives constructively.

If elected as Middle–East ESICM Representative, I would prioritize:

1. Strengthening Regional Engagement with ESICM

- o Establishing stronger ties between ESICM and regional societies
- o Increasing membership by targeting early–career intensivists and providing mentorship pathways.

2. Promoting Research Collaboration

- o Expanding regional participation in ESICM–led multicenter trials.
- o Facilitating research networks that address region–specific challenges

3. Enhancing Educational Outreach

- o Developing Middle–East–focused ESICM workshops on advanced organ support, digital health, and post–ICU rehabilitation.
- o Integrating ESICM educational standards into local fellowship programs.

4. Digital Transformation and Innovation

- o Leveraging my Harvard training to advocate for ESICM–led initiatives in AI, tele–ICU, and big data in intensive care.
- o Creating digital platforms for member engagement and virtual learning in the region.

5. Equity and Representation

- o Ensuring diverse representation of Middle Eastern intensivists in ESICM sections, committees, and congresses.

With my extensive clinical expertise, leadership roles, research record, and commitment to teaching, I am confident in my ability to serve as an effective Middle–East ESICM Representative. My vision is to make the region a stronger contributor to ESICM’s scientific and educational mission while ensuring that our unique challenges and innovations are recognized on the global stage. I bring not only the professional qualifications but also the enthusiasm and dedication required to represent my colleagues across the Middle East with integrity, inclusiveness, and innovation. I would be deeply honored to have the opportunity to serve the Society in this capacity.

## Financial interests

### Description

No conflict of interest to declare

### Source

## Academic interests

### Description

No academic interest including grants that pertains to the position

### Declare no conflict of interest

Yes

**I hereby certify that I have read and understood the Statutes of ESICM.**

Yes

**I hereby certify that I have read and understood the job description for the position I am applying to.**

Yes

**I am able to dedicate enough time to perform the job and attend the regular meetings necessary for this position.**

Yes

**I hereby certify that I agree on all the tasks described in the job description and agree to undertake them.**

Yes

**I confirm that the information given in this form is to the best of my knowledge and belief, true and accurate.**

Yes