

COURSE ON NUTRITION IN CRITICAL ILLNESS PROGRAMME
APRIL 24-25, 2025

DAY 1, April 24, 2025

Morning session

09:00	Welcome, Rationale and Methodology	<i>D. Bear & M. Casaer</i>
09:20	Nutritional assessment I <i>Moderator:</i> <i>Speakers:</i> <i>Highlight of the session:</i> Importance of Feeding	<i>A. Bald & M. Sundström-Rehal</i> <i>D. Bear & J. Gunst & A. Reintam Blaser</i> <i>J. Gunst</i>
09:50	The 3W's Break (Walk, Window, Water)	
09:55	Nutritional assessment II <i>Highlights of the session:</i> - Nutritional Assessment - Developing a protocol	<i>D. Bear</i> <i>M. Sundström-Rehal</i>
11:00	BREAK	
11:15	Enteral & Parenteral Nutrition I <i>Moderator:</i> <i>Speakers:</i> <i>Highlight of the session:</i> Indications and complications of enteral & parenteral nutrition	<i>S. Schaller & J. Tarcukovic</i> <i>M. Casaer & J. Gunst & M. Sundström-Rehal</i> <i>M. Casaer</i>
11:45	The 3W's Break (Walk, Window, Water)	
11:50	Enteral & Parenteral Nutrition II <i>Highlights of the session:</i> - How to navigate between over and underfeeding - Assessment of GI function and dysfunction	<i>A. Reintam-Blaser</i> <i>A. Reintam Blaser</i>
12:45	Q&A	<i>D. Bear & I. Kouw</i>
13:00	END MORNING SESSION DAY 1	
13:00	LUNCH	

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Afternoon session

13:45	Welcome back	<i>D. Bear & Arthur Van Zanten</i>
13:50	Clinical Case Workshop Enteral Nutrition in a Young patient with open abdomen and cardiac failure	<i>M. Casaer & A. van Zanten</i>
14:40	The 3W's Break (Walk, Window, Water)	
14:45	Management of post-ICU nutrition Transition of care to the ward (nutrition)	<i>I. Kouw</i>
15:15	BREAK	
15:25	Physical therapy and transition of care to the ward <i>Moderators:</i> <i>Speakers:</i>	<i>S. Touzani & A. Reintam Blaser</i> <i>D. McWilliams & S. Schaller</i>
	<i>Highlights of the session:</i> • Early mobilisation: when is too early • How to measure physical function and strength	<i>S. Schaller</i> <i>D. McWilliams</i>
16:25	The 3W's Break (Walk, Window, Water)	
16:30	Testimonials fellows <i>Moderators:</i> <i>Fellows:</i>	<i>M. Casaer & J. Gunst & M. Sundström-Rehal</i> <i>A. Bald & J. Tarcukovic & S. Touzani</i>
17:15	Q&A	<i>D. Bear & J. Gunst</i>
17:30	Food for thought	<i>J. Tarcukovic & I. Kouw</i>
17:40	END DAY 1	

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DAY 2, April 25, 2025

Morning session

09:00	Welcome & remaining questions from day 1	<i>M. Casaer & M. Sundström-Rehal</i>
09:10	Food for thought <i>Moderator: S. Schaller</i>	<i>J. Tarcukovic & I. Kouw</i>
09:25	The time and dose dimension of energy and protein sources I <i>Moderators:</i> <i>Speakers:</i>	<i>M. Casaer & A. Van Zanten</i> <i>D. Bear & S. Touzani & M. Sundström-Rehal</i>
	<i>Highlight of the session:</i> • Target requirements of energy and protein	<i>D. Bear</i>
09:55	The 3W's Break (Walk, Window, Water)	
10:00	The time and dose dimension of energy and protein sources II <i>Highlights of the session:</i> • Physiology of indirect calorimetry • How to measure REE via indirect calorimetry	<i>M. Sundström-Rehal</i> <i>M. Sundström-Rehal</i>
11:00	BREAK	
11:15	Clinical Case Workshop on Parenteral Nutrition	<i>M. Casaer & A. Reintam Blaser</i>
12:15	Q&A	<i>M. Casaer & J. Tarcukovic</i>
12:30	END MORNING SESSION DAY 2	
12:30	LUNCH	

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DAY 2, April 25, 2025

Afternoon session

13:15	Welcome back	<i>D. Bear & A. Reintam Blaser</i>
13:20	Monitoring and Complications <i>Moderators:</i> <i>Speakers:</i> <i>Highlights of the session:</i> - Controversies in glucose management in critically ill patients - Refeeding syndrome, micronutrients and electrolytes	<i>D. Bear & S. Touzani</i> <i>J. Gunst & A. Van Zanten</i> <i>J. Gunst</i> <i>A. Van Zanten</i>
14:30	The 3W's Break (Walk, Window, Water)	
14:35	Advanced nutrition therapy <i>Moderators:</i> <i>Speakers:</i> <i>Highlight of the session:</i> Advanced Nutritional strategies	<i>D. Bear & A. Van Zanten</i> <i>J. Gunst & S. Schaller & M. Sundström-Rehal</i> <i>J. Gunst</i>
15:05	Q&A	<i>A. Bald & J. Tarcukovic & S. Touzani</i>
15:20	BREAK	
15:30	Clinical case Workshop Monitoring and Complications	<i>A. Bald & A. Reintam Blaser & J. Tarcukovic</i>
16:35	<i>Final Q&A</i>	
16:50	Nutrition fellowships tutorial	<i>M. Casaer & J. Gunst</i>
17:05	The Quiz of the Day & What do I take to the bedside	<i>D. Bear & A. Reintam Blaser</i>
17:25	Wrap up & END DAY 2	<i>D. Bear</i>