



## DANIELLE BEAR

This year, the European Society of Intensive Care Medicine is honouring Dr Danielle Bear with an honorary membership in recognition of her substantial professional and scientific accomplishments and long-standing contributions to the society.

Danielle is an exceptional Clinical Academic Lecturer in the Department of Nutrition Sciences at King's College London and a Consultant Dietitian for Critical Care at Guy's and St Thomas' NHS Foundation Trust. With nearly 20 years of experience as a dietitian, she has made significant contributions to the fields of nutrition and critical care, particularly in skeletal muscle wasting and nutrition interventions for critically ill patients.

She obtained her Nutrition and Dietetics degree at the University of Wollongong. After working briefly in Sydney, she moved to London and has been the Principal Critical Care Dietitian at Guy's and St Thomas' NHS Foundation Trust (GSTT) for the past 11 years. In 2016, she was awarded a prestigious NIHR Clinical Doctoral Research Fellowship, through which she pursued groundbreaking research on the measurement and prevention of skeletal muscle wasting in early critical illness, completing her PhD in 2021.

Danielle has been instrumental in guiding critical care dietetic services during the COVID-19 pandemic. Her pioneering work and contribution to nutrition in intensive care have been recognised with several accolades, including three British Dietetic Association Roll of Honour awards, the Rose Simmonds Award for Best Research Publication in 2019, and the Elizabeth Washington Award. She has published extensively in peer-reviewed journals and presented her research at national and international conferences.

Her leadership was particularly notable during the COVID-19 pandemic, where her expertise and dedication helped shape critical care dietetic services. Her unwavering commitment and innovative research focused on nutrition interventions to improve the recovery of ICU survivors and on exploring optimal energy and protein requirements for the critically ill continue to inspire.

Danielle is widely regarded as a fantastic role model for allied healthcare professionals, known for seamlessly combining expert clinical knowledge with cutting-edge research. She is recognised as an influential leader whose vision, integrity, and dedication have made a profound impact on the critical care nutrition field. Her exceptional leadership has not only driven innovation and excellence but has also inspired those around her to reach new heights. Beyond her professional achievements, Danielle is widely admired for her warmth, approachability, and genuine care for others. Her unwavering commitment to mentoring and supporting the growth of her colleagues has left an indelible mark on the lives of many.

ESICM is proud to present Danielle Bear with this prestigious award in recognition of her outstanding contributions to dietetics, clinical care, and research.

### KATERINA ILIOPOULOU

Chair of the N&AHP Committee