



SHEILA NAINAN MYATRA

It is the European Society of Intensive Care Medicine (ESICM) most incredible honour to recognise Prof. Sheila Nainan Myatra, MD, FCCM, FICCM, a distinguished Professor of Critical Care Medicine at Tata Memorial Hospital in Mumbai, India, and President of the Indian Society of Critical Care Medicine (ISCCM).

Prof. Myatra has demonstrated unparalleled commitment and excellence in intensive care medicine. She chairs the Intensive & Critical Care Medicine Committee of the World Federation of Societies of Anaesthesiologists (WFSA). She is the Immediate Past President of the All India Difficult Airway Association (AIDAA). Furthermore, she serves as a role model for leadership, inspiring both men and women in medical fields across the globe. In addition, she is a member of numerous influential committees, including the Surviving Sepsis Campaign Research Committee and the Asia Pacific Sepsis Alliance (APSA). She is among the 14 international airway experts on the American Society of Anesthesiologists (ASA) difficult airway guidelines and the Project for the Universal Management of the Airway (PUMA) guidelines for difficult airway management. Prof. Myatra has contributed to existing policies and pioneered the development of the first guideline for tracheal intubation in ICU and a groundbreaking new test in haemodynamic monitoring known as the “tidal volume challenge”. She serves on the Editorial Board of several high-impact journals, including ICM in the past.

Her contributions are genuinely pioneering and have reshaped the landscape of intensive care practice nationally and internationally. Her work has far-reaching implications, from enhancing patient outcomes to setting new standards in haemodynamic monitoring, airway management, and sepsis treatment. She has been instrumental in building cooperation between Intensive Care Medicine communities in India, Europe and other regions. Her leadership was a pivotal factor in the success of the recent EuroAsia conference in Mumbai and in conducting joint webinars with ESICM, strengthening the collaboration and exchange of knowledge between the two regions.

During her free time, she enjoys reading, music and spending quality moments with her family in the countryside, a testament to her well-rounded personality. With immense pride and admiration, we welcome Prof. Sheila Nainan Myatra into our community as an Honorary Member. Her groundbreaking contributions to the field of Intensive Care Medicine serve as an inspiration to us all. We extend our heartfelt congratulations on this well-deserved recognition.

I have known Sheila for many years and appreciated her professionalism, charisma and friendship. I cannot think of a better person to receive this year’s honorary membership.

MAURIZIO CECCONI

ESICM Past-President
