This book is a graphical, dense and concise text describing fundamental theoretical concepts needed for doctors and other professionals new to the field of ICM. The book serves two main purposes:

• as study material for any junior doctor, nurse or other allied healthcare professional who is time-pressured and wants to quickly learn the essentials;

• and as a course volume of new ESICM educational initiative called Intensive Care Fundamentals©. The overarching goal of this initiative is to offer standardised high-quality introductory education to all starters in intensive care.