



International Nursing Advanced Competency-based Training for Intensive Care

Competencies for Advanced Intensive Care Nurses

Lay Version

Version 1 2019

The INACTIC competencies for advanced nursing in critical care have been developed by an international group of investigators (the INACTIC study group) using a multilingual and multi country consensus process.

The full competency document is available in Croatian, English, French, German, Greek, Polish, Spanish and Turkish



Co-funded by the
Erasmus+ Programme
of the European Union



Rigshospitalet



 **ICUsteps Research**

Competencies for Expert Intensive Care nurses

Theme	Expert intensive care nurses should ...
Intensive care knowledge and skills	<p>Have up to date knowledge about how best to manage the patient's illness, treatment and recovery</p> <p>Interpret information provided by patient monitoring systems and take action as necessary</p> <p>Carry out practical procedures skilfully</p> <p>Do everything possible to control symptoms such as pain and confusion</p> <p>Encourage families to participate in their loved one's care</p>
Leadership skills	<p>Work well as part of a team, taking leadership of the team when necessary</p> <p>Remains calm under pressure</p> <p>Inspire colleagues to always provide the best possible care for the patient and family</p> <p>Recognise when other members of the team need support</p> <p>Provide leadership to the team in emergency situations</p> <p>Speak up on behalf of the patient and family when appropriate</p> <p>Ensure the right number and skill level of nursing staff is available</p>
Communication with patients	<p>Communicate with patients in ways they can understand</p> <p>Keep patients informed about plans for their care</p> <p>Give opportunities for patients to communicate their wishes, fears and anxieties</p> <p>Give opportunities for patients to ask questions</p> <p>Involve patients and families in decisions about care</p>
Communication with families	<p>Communicate with patients in ways they can understand</p> <p>Give family members the opportunity to ask questions</p> <p>Ensure family members understand current and future plans for their loved one's care</p> <p>Ensure transition to end of life care is fully discussed and options clarified</p>

This work was produced by the INACTIC project team:

Professor Ruth Endacott (Project Lead)	University of Plymouth, UK
Professor Jos Latour	University of Plymouth, UK
Dr Julie Scholes	University of Plymouth, UK
Charlotte Endacott	University of Plymouth, UK
Professor Stijn Blot	Ghent University, Belgium
Dr Christina Jones	ICUsteps, patient and family member charity, UK
Professor Ingrid Egerod	Rigshospitalet, Region H, Denmark
Gudrun Kaldan	Rigshospitalet, Region H, Denmark
Sara Nordentoft	Rigshospitalet, Region H, Denmark
Guy Francois	European Society of Intensive Care Medicine, Belgium
Sherihane Bensemmane	European Society of Intensive Care Medicine, Belgium

We also wish to acknowledge the following individuals, not funded by the Project, who have also contributed to the production of these materials:

Marta Borkowska	Ghent University Hospital, Ghent, Belgium
Carole Boulanger	Royal Devon and Exeter Hospital NHS Trust, UK
Anne-Sophie Debue	Assistance Publique Hôpitaux de Paris, Hôpitaux Universitaires
Paris	Centre, Hôpital Cochin, France and Université Paris-Saclay, UVSQ, INSERM, Équipe Recherches en éthique et épistémologie, CESP, Paris, France.
Silvia Calvino- Gunther	CHU Grenoble Alpes, Grenoble, France
Dr Katerina Illiopolou	Athens Military Hospital, Athens, Greece
Dr Sonia Labeau	University College, Ghent, Belgium
Dr Mireia Llaurodo Serra	Universitat Internacional de Catalunya, Spain
Maureen Ben Nunn	Israeli Society of Cardiac and Intensive Care Nursing

The European Commission support for the production of this publication does not constitute an endorsement of the contents, which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.