

### `International Nursing Advanced Competency-based Training for Intensive Care

### **Curriculum for Advanced Nursing in Intensive Care**

### **Version 2**

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The competencies were developed in four domains:

- 1. Knowledge Skills and Clinical Performance
- 2. Clinical Leadership, Teaching and Supervision
- 3. Personal effectiveness
- 4. Safety and Systems Management

This document is presented in 4 sections, one for each Domain. At the beginning of each Section, the Descriptors and Competency Statements are provided. On the following pages the curriculum is mapped against the individual competency statements.

### DOMAIN 1 KNOWLEDGE, SKILLS AND CLINICAL PERFORMANCE

Descriptor	Competency	
Assessment skills The Advanced Practitioner will have the following competencies that	1.1 Undertakes comprehensive and systematic assessment of the	
	patient's	
distinguish advanced practice from threshold competent performance of	1.1.1 Respiratory status	
the Advanced Practitioner:	1.1.2 Cardiovascular status	
<ul> <li>apply theoretical knowledge to clinical practice,</li> <li>demonstrate 'critical decision making' in 'complex and rapidly changing</li> </ul>	1.1.3 Neurological status	
circumstances	1.1.4 Renal Function	
· demonstrate comprehensive knowledge and skills in these areas.	1.1.5 Temperature control	
	1.1.6 Acid Base Balance	
	1.1.7 Skin Integrity	
	1.1.8 Wound Care needs	
	1.1.9 Comfort and Dignity	
Decision making based on evidence	1.2 Uses the latest evidence to inform decision making in relation to	
The Advanced Practitioner demonstrates decision making that involves	phases of	
data interpretation following physical assessment and the collation of data	1.2.1 Ventilation	
from monitoring devices and invasive equipment. Decisions are made in the context of the patient's wellbeing, comfort and safety and involve consultation with family members wherever possible including using the latest evidence.	1.2.2 Weaning	
	1.2.3 Dialysis	
	1.2.4 Sedation Practice	
	1.2.5 Delirium / agitation management	
	1.2.6 Pain management	
	1.2.7 Patient Nutrition	
	1.2.8 Rehabilitation	
	1.2.9 Invasive monitoring	
	1.2.10 Inotropes and catecholamine titration	
Decision making in changing or complex circumstances	1.3 Demonstrates decision making in complex and rapidly changing	
The Advanced Practitioner is able to make decisions in uncertainty and	circumstances	
rapidly changing circumstances of patients that requires constant vigilance, attention to detail and forward planning. Decisions are made in	1.3.1 Emergencies	
	1.3.2 Patient deterioration	
compliance with resuscitation algorithms, protocols and clinical guidelines.  Decisions are taken independently but also in collaboration with	1.3.3 Altered consciousness	
colleagues from all disciplines and involve specialists where necessary.	1.3.4 Sepsis	

Referral to others is a decision. In this context, decisions are made in the	1.3.5 Multi system failure		
patient's best interest, with respect for the patient's cultural and religious	1.3.6 Withdrawal of active treatment		
preferences and wherever possible involving the family.	1.3.7 End of Life care		
	1.3.8 Organ donation		
	1.3.9 Rehabilitation		
Procedural skills	1.4 Demonstrates competence to undertake		
The Advanced Practitioner follows practical procedures underpinning	1.4.1 PEG Feeding		
patient care performed at a level of competence to teach, demonstrate to	1.4.2 Enteral Nutrition		
colleagues, incorporating the latest evidence to inform best practice.	1.4.3 Catheter Care		
	1.4.4 Understanding ABG results		
	1.4.5 Dialysis		
	1.4.6 Intravascular temperature control		
	1.4.7 Haemodynamic monitoring		
	1.4.8 Ventilation		
	1.4.9 Weaning		
	1.4.10 Preventing ICU complications		
	1.4.11 Suctioning		
	1.4.12 Tracheostomy Care		
	1.4.13 Fundamental Care		
Leadership of Care	1.5 Demonstrates contemporaneous knowledge and shares this with		
The Advanced Practitioner demonstrates capability to lead care in	others in the following situations:		
collaboration with other members of the multi-disciplinary team (MDT) within and outside the critical care unit when serving on an outreach, or	1.5.1 Advanced Life Support		
rapid response team. Their interventions are timely, accurate, compliant	1.5.2 Patient Transfer		
with policy, protocol and guidelines and show expertise in managing	1.5.3 Patient Rehabilitation		
medical devices and technical equipment in support of patient need in the	1.5.4 Preventing error/ complications		
following circumstances. The Advanced Practitioner has a key role in advocacy and promoting the patient's best interests at all times.	1.5.5 Monitoring complex treatment modalities		

DOMAIN 1	KNOWLEDGE, SKILLS AND CLINICAL PERFORMANCE			
Descriptor and Competency	Competency	Knowledge	Skills	Attitudes
Assessment skills The Advanced Practitioner will have the following competencies that distinguish advanced	1.1 Undertakes comprehensive and systematic assessment of the patient's	Systems anatomy, physiology and pathophysiology: - Respiratory	Clinical reasoning	Structured
practice from threshold	1.1.1 Respiratory status	· Cardiovascular	Ethical reasoning	Patient-centred
competent performance of the Advanced Practitioner:	1.1.2 Cardiovascular status	Neurological     Renal	Clinical observation	Compassionate
apply theoretical knowledge to clinical practice,	1.1.3 Neurological status 1.1.4 Renal Function 1.1.5 Temperature control	Gastro-intestinal     Musculoskeletal	Thinking and acting systematically	Respectful
demonstrate 'critical decision making' in complex and rapidly changing circumstances	1.1.6 Acid Base Balance 1.1.7 Skin Integrity 1.1.8 Wound Care needs	Endocrine     Immune     Dermatology	Correctly interpreting and acting upon assessment results	Meticulous
<ul> <li>demonstrate comprehensive knowledge and skills in these</li> </ul>	1.1.8 Wound Care needs 1.1.9 Comfort and Dignity	Blood and coagulation	Integrating history with clinical assessment	Observative
areas.			Conducting careful systems review	Decisive
			Assessing and minimising risk of pressure injuries	Patient advocating
			Monitoring vital physiological functions	Empathic
			Assessing level of consciousness	Practical
			Assessing and managing pain	Accurate
		Cellular physiology	Assessing the oral cavity	Reliable
		Systemic Inflammatory Response Syndrome and specific Shock	Assessing wounds, including burns	Patient
		Multiple Organ Dysfunction Syndrome	Calculating and administering medications	
		Multisystem Trauma	Interpreting laboratory results	
		Homeostasis	Interpreting basic medical images	
		Burns	Interpreting ECGs	
		Symptoms of toxin exposure	Calculating and interpreting fluid balance charts	

Organ support therapies	Managing hyper- and
	hypothermia, incl. therapeutic
	hypothermia
Renal replacement therapies	Correctly and timely
·	calculating and
	administrating medication
Cardiovascular support	Nutrition assessment and
Caraiovaccaiai capport	feeding techniques
Mechanical and non-invasive	Correctly assigning severity
ventilation	of illness scores
Body temperature and	Effective note writing and
regulation techniques	ward round case
	presentation techniques
Sedation	Communicating effectively
	with the multidisciplinary
	team
Pharmacology	Effective communication
	skills:
Severity of illness scores	. Verbal communication
ABCDE assessment	. Nonverbal communication
approach	
Pain and pain assessment	. Written communication
Basics of medical imaging	- Transactional written
	communication
Basics of ECG interpretation	- Informational written
	communication
Interpretation of laboratory	- Instructional written
results	communication
Pressure injury assessment,	. Visual communication
prevention and management	. Visual communication
Wounds assessment and	Effective reporting (verbel
	Effective reporting (verbal
management	and written reporting)
Infection prevention,	Active listening
recognition and management	
Measures of adequacy of	Relational skills
tissue oxygenation	
Weaning	Manage complexity
Oral care	Responsible

Nutrition	IT-skills
Patients with special needs: . Paediatric patients . Older adults . Bariatric patients . High-risk obstetric patients . Palliative patients . Patients with burn injuries . Immunocompromised patients . Polytrauma patients . Postoperative patients	
Admission, history taking and assessment, and daily review	
Impact of occupational and environmental exposures, socio-economic factors, and lifestyle factors on critical illness	
Confidentiality and data protection - legal and ethical issues	
Basic ethical principles Legislation Patient safety	
Knowledge of relevant IT- applications	

DOMAIN 1	KNOWLEDGE, SKILLS AND CLINICAL PERFORMANCE			
Descriptor	Competency	Knowledge	Skills	Attitudes
Decision making based on evidence The Advanced Practitioner	1.2 Uses latest evidence to inform decision making in relation to phases of:	Electronic methods of accessing professional literature	Electronically accessing professional literature	Critical minded
demonstrates decision making that involves data interpretation following physical assessment	1.2.1 Ventilation 1.2.2 Weaning 1.2.3 Dialysis	Methods of identifying sound and relevant professional literature	Identifying sound and relevant professional literature	Life-long learning
and the collation of data from monitoring devices and invasive equipment. Decisions are made	1.2.4 Sedation Practice 1.2.5 Delirium / agitation Management	Reading and interpreting research reports	Reading and interpreting research reports	Interested in personal development
in the context of the patient's wellbeing, comfort and safety	<ul><li>1.2.6 Pain management</li><li>1.2.7 Patient Nutrition</li></ul>	Principles of evidence-based medicine and nursing	Writing research questions	Curious
and involve consultation with family members wherever	<ul><li>1.2.8 Rehabilitation</li><li>1.2.9 Invasive monitoring</li></ul>	Levels of evidence	Interpreting clinical and statistical data	Careful with judgement
possible including using the latest evidence.	1.2.10 Inotrope and catecholamine titration	Principles of appraisal of evidence, research findings, and integrative literature	Appraising evidence, research findings, and integrative literature	Open-minded
		Principles of applied research and epidemiology:	Integrating research findings in clinical practice	Objective
		. Research questions . Study designs	Interpreting (clinical practice) guidelines	Rational
		Population versus sample and sampling methods     Types and consequences of bias	Interpreting and acting upon data resulting from clinical assessment, patient files, and monitoring devices	Structured
			Linking data	Accurate
			Peer reviewing	Reliable
		Basics of statistics and data interpretation	IT-skills	
		Principles of implementation science	Academic writing	
		Referencing		
		Distinction between statistical and clinical relevance		
		Subject-matter knowledge of:		

. Ventilation . Weaning . Dialysis . Sedation Practice . Delirium/agitation management . Pain management . Patient Nutrition . Rehabilitation . Invasive monitoring . Inotropes and catecholamine titration	
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DOMAIN 1	KNOWLEDGE, SKILLS AND CLINICAL PERFORMANCE			
Descriptor	Competency	Knowledge	Skills	Attitudes
Decision making in changing or complex circumstances The Advanced Practitioner is able to make decisions in	1.3 Demonstrates decision making in complex and rapidly changing circumstances	Resuscitation guidelines	Monitoring vital physiological functions and conscious level	Stress-resistant
uncertainty and rapidly changing circumstances of patients that	1.3.1 Emergencies 1.3.2 Patient deterioration	Sepsis guidelines	Using emergency monitoring equipment	Able to prioritise
requires constant vigilance, attention to detail and forward planning. Decisions are made in	1.3.3 Altered consciousness 1.3.4 Sepsis 1.3.5 Multi system failure	Early warning signs	Recognising and rapidly responding to adverse trends in monitored parameters	Team-oriented
compliance with resuscitation algorithms, protocols and clinical guidelines. Decisions are taken independently but also in collaboration with colleagues	1.3.6 Withdrawal of active treatment 1.3.7 End of Life care 1.3.8 Organ donation 1.3.9 Rehabilitation	Causes of cardio-respiratory arrest, identification of patients at risk and corrective treatment of reversible causes	Resuscitation techniques, incl. using manual and automated defibrillators	Compassionate
from all disciplines and involve specialists where necessary. Referral to others is a decision.		Clinical signs associated with critical illness, their relative importance and interpretation	Recognising and managing sepsis	Recognising personal limitations
In this context, decisions are made in the patient's best interest, with respect for the patient's cultural and religious		Clinical severity of illness and indications when organ dysfunctions or failure are an immediate threat to life	Recognising and managing choking / obstructed airway	Willing to accept assistance

preferences and wherever possible involving the family.	Recognition of life- threatening changes in  Techniques for effective fluid resuscitation  Techniques for effective fluid resuscitation	t
possible involving the family.	physiological parameters	
	Causes, recognition and Implementing emergency Decisive	
	management of:   airway management, oxygen   Patient -	
		advocating
	. Tachypnoea & dyspnoea . Assisting in tracheostomy Empathi	-
	. Upper and lower airway tube insertion Practical	
	obstruction . Recognising and managing Reliable	•
	. Pulmonary oedema difficulties with airway	
	. Pneumothorax (simple & management	
	tension) . Optimising patient	
	. Hypoxaemia positioning for airway	
	. Hypotension   management	
	. Shock states . Maintaining a clear airway	
	. Anaphylactic and . Supporting ventilation using	
	anaphylactic and supporting vertilation using anaphylactoid reactions bag and mask	
	. Hypertensive emergencies . Inserting and checking	
	. Acute confusional states correct placement of	
	and altered consciousness   laryngeal mask airway	
	. Acute seizures / . Selecting appropriate	
	convulsions conv	
	. Oliguria & anuria length	
	Burn injuries . Assisting in intubation and	
	. Acute disturbances in verifying correct placement of	
	thermoregulation tube	
	<u> </u>	
	Principles of oxygen therapy . Interpreting a capnograph trace	
	. Assisting in rapid sequence induction of anaesthesia /	
	cricoid pressure	
	. Assisting in extubation	
	. Preparing equipment for difficult or failed intubation	
	. Performing endotracheal	
	suction (via oral / nasal /	
	tracheostomy tube)	
	. Assisting with	
	bronchoscopy	

Principles of emergency airway management  Indications for and methods of ventilatory support  Patient transport  Blood sampling and culturing techniques and interpretation	. Assisting with intrapleural chest drain insertion, connections and removal . Assisting in emergency relief of tension pneumothorax Inserting a nasogastric tube in an intubated and non-intubated patient Performing aseptic urinary catheterisation: male and female Obtaining vascular access in emergency circumstances: . Inserting peripheral
of results  Causes and prognosis of vegetative states  Causes of and physiological changes associated with brain stem death  Principles of pain and symptom management  Clinical, imaging and electrophysiologic tests to diagnose brain death	cannulae via different routes . Establishing peripheral venous access appropriate for resuscitation in major haemorrhage . Assisting in inserting central venous catheters by different routes . Assisting in inserting arterial catheters by different routes . Preparing equipment for intravascular pressure monitoring
Basics of organ donation: . Principles of management of the organ donor (according to national / local policy) . Role of national organ/tissue procurement authority and procedures for referral . Responsibilities and activities of transplant co- ordinators	Securing vascular access rapidly  Taking arterial blood gases  Microbiological sampling  Assessing and planning care for the confused patient  Assessing and managing shock

0	
. Common investigations and	
procedures prior to organ	
retrieval	
Euthanasia	Assessing and managing
	pain
Decision-making processes	Managing an established
for withholding and	epidural infusion
withdrawing treatment and	cpidarai iliidolori
<u> </u>	
support	
The limitations of intensive	Administering bolus
care medicine	analgesia via an epidural
	catheter
Principles of delivering bad	Minimising complications
news to patients and families	associated with opioid and
'	non-opioid analgesics
Local resources available to	Recognising and managing
support dying patients and	emergencies
their families, and how to	emergencies
I	
access them	
Bereavement: anticipating	Assessing burn severity
and responding to grief	
Cultural and religious	Wound care
attitudes and beliefs to life	
threatening illness and death	
Cultural and religious	Managing competing
practices of relevance when	priorities and complexity
caring for dying patients and	phonico and complexity
their families	
	Cooking againtance timely
Cultural and religious factors	Seeking assistance timely
which may influence attitude	and appropriately
to brain stem death and	
organ donation	
Effective communication	Responding to an emergency
	in a positive, organised and
	effective manner
Resilience	Calculating and
1 Comorido	administering medications
Ethical and land issues !:	
Ethical and legal issues in	Transporting patients timely
decision-making	and safely

Psychosocial Aspects of Participating in timely	
High Acuity and Critical Care discussion and regular	
review of 'do not resuscitate' orders and treatment	
limitation decisions	
Patient safety Leading, delegating and	
supervising others	
appropriately according to	
experience and role	
Relevant IT-applications Establishing trusting	
relationships with patients	
and their relatives Interprofessional	
communication	
Teamworking	
Coping with stressful	
situations	
Decision making	
Dealing with emotions	
Dealing with obstacles	
IT skills	
Effective communication	
skills:	
. Verbal communication	
. Nonverbal communication	
. Written communication:	
- Transactional written	
communication	
- Informational written communication	
- Instructional written	
communication	
. Visual communication	
Effectively reporting (verbal	
and written reporting)	
Active listening	
Relational skills	

DOMAIN 1	l l	(NOWLEDGE, SKILLS AND CLI	NICAL PERFORMANCE	
Descriptor	Competency	Knowledge	Skills	Attitudes
Procedural skills The Advanced Practitioner follows practical procedures	1.4 Demonstrates competence to undertake	Indications, contraindications and potential complications of the procedure / intervention	Prioritising tasks and procedures	Interested in personal development
underpinning patient care performed at a level of competence to teach,	1.4.1 PEG Feeding 1.4.2 Enteral Nutrition 1.4.3 Catheter Care	Universal precautions and preventative infection control techniques	Procedural techniques	Flexible
demonstrate to colleagues, incorporating the latest evidence to inform best practice.	1.4.4 Understanding ABG results 1.4.5 Dialysis 1.4.6 Intravascular	Principles of aseptic technique and aseptic handling of invasive medical devices	Obtaining informed consent/assent from the patient where appropriate	Critical thinking
	temperature control 1.4.7 Haemodynamic monitoring	Principles of preventing device-associated infections	Preparing equipment, patient and staff prior to undertaking the procedure	Adaptive
	1.4.8 Ventilation 1.4.9 Weaning	Knowledge of materials and devices	Positioning patients appropriately	Careful
	1.4.10 Preventing ICU complications 1.4.11 Suctioning	Methods and routes of device insertion, indications and complications	Administrating drugs as presribed to facilitate the procedure	Caring
	1.4.12 Tracheostomy Care 1.4.13 Fundamental Care	Appropriate use of drugs to facilitate the procedure	Identifying relevant anatomical landmarks	Patient-centered
		Detection of potential physiological alterations during the procedure	Selecting appropriate equipment or device and insertion method	Patient advocating
		Indications for specific monitoring to ensure patient safety during an intervention / procedure	Performing the procedure in a manner which minimises the risks of complications	Practical
		Complications of the technique, how to prevent/recognise them and initiate appropriate treatment	Adapting techniques and procedures to the circumstances and available resources	Compassionate
		Methods of sterilisation and cleaning or disposal of equipment	Using protective clothing as indicated	Accurate
		Management and use of the device	Undertaking appropriate action to confirm correct	Reliable

Indications and technique for device removal  Cultural and religious attitudes and beliefs that may influence procedural care	placement of device or exclude complications  Sterilising, cleaning or disposing of equipment appropriately  Leading, delegating and supervising others appropriately according to experience and role	Communicative
Subject matter knowledge of . Nutrition and feeding	Dealing with obstacles  Dealing with emotions	Resourceful
techniques . Intravascular devices . Renal replacement therapies . Temperature control and management	Taking into account the patient's experience and well-being throughout the procedure  Self-knowledge	Creative
. Respiratory support and weaning . Haemodynamics and haemodynamic monitoring . Fundamentals of care	Dexterity  Effective communication techniques: . Verbal communication . Nonverbal communication . Written communication:	
Patient transport Sedation	- Transactional written communication	
Pain assessment	- Informational written communication	
Communication barriers	Instructional written communication     Visual communication	
	Active listening Relational skills	

DOMAIN 1	KNOWLEDGE, SKILLS AND CLINICAL PERFORMANCE					
Descriptor	Competency	ompetency Knowledge Skills Attitudes				
Leadership of Care	1.5 Demonstrates	Roles and responsibilities of	Leading, delegating and	Interested in		
The Advanced Practitioner	contemporaneous	the multidisciplinary team	supervising others	personal		
demonstrates capability to lead	knowledge and shares this					

with others in the following situations:		appropriately according to experience and role	development and life-long learning
• •	Teamwork methods	Relational skills	Patient
1.5.3 Patient Rehabilitation	Team communication	Promoting personal development	Long-term thinking
complications 1.5.5 Monitoring complex	Team coordination and task delegation	Minimising the physical and psychological consequences of critical illness	Patient- and family centred
treatment modalities	Subject-matter knowledge of:	Effective communication	Motivating
	. Advanced Life Support . Patient Transfer . Patient Rehabilitation . Preventing error/ complications . Monitoring complex treatment modalities  Complementary health approaches Long term consequences of critical illness  Continuing care after ICU	skills: . Verbal communication . Nonverbal communication . Written communication: - Transactional written communication - Informational written communication - Instructional written communication . Visual communication Motivational skills	Passionate
	discharge Physical and psychological challenges for rehabilitation	Delegation skills	
	Significance and relevance of patient follow-up in hospital and following discharge		
	following situations: 1.5.1 Advanced Life Support 1.5.2 Patient Transfer 1.5.3 Patient Rehabilitation 1.5.4 Preventing error/ complications	1.5.1 Advanced Life Support 1.5.2 Patient Transfer 1.5.3 Patient Rehabilitation 1.5.4 Preventing error/ complications 1.5.5 Monitoring complex treatment modalities  Subject-matter knowledge of: . Advanced Life Support . Patient Transfer . Patient Rehabilitation . Preventing error/ complications . Monitoring complex treatment modalities  Complementary health approaches Long term consequences of critical illness Continuing care after ICU discharge Physical and psychological challenges for rehabilitation Significance and relevance of patient follow-up in hospital	Teamwork methods   Experience and role

### DOMAIN 2 CLINICAL LEADERSHIP, TEACHING AND SUPERVISION

Descriptor	Competency	
Professional leadership	2.1 Demonstrates leadership in professional relationships with	
The Advanced Practitioner demonstrates leadership through role	patients and their families	
Professional leadership The Advanced Practitioner demonstrates leadership through role nodelling best practice, advocating for patient and family centred care, atroducing and steering innovative approaches to critical care nursing. The advanced Practitioner demonstrated through managing the staffing resource, workload allocation and contributing to the quality of care provided within the intensive care unit and the organisation by ensuring compliance with oolicy and guidelines. They are recognised by others for their contribution and often sought to lead practice and participate in organisational evelopment. The Advanced Practitioner promotes wellbeing among staff, ecognising when colleagues require facilitation, provides constructive edeback to remediate error, demonstrates and encourages others to be effective and is recognised to demonstrate professional resolve to ensure ne best for patients and their families. These distinguishing attributes and enaviours are made evident through professional relationships within and cross health care teams, personal governance (mindful attention, oticing, personal insight into continuing professional development needs) and excellent communication skills.  The Advanced Practitioner facilitates others through teaching and upervision and in providing motivation, inspiration and encouragement. They participate in teaching programmes that benefit the multiprofessional team. They demonstrate the highest standard of ethical eportment and can clearly articulate their reasoning, decision making and rationale while teaching at the bedside or in the classroom.	2.1.1 Supporting transition to end of life care	
	2.1.2 Involves families in best interest meetings	
	2.1.3 Supervises and encourages families' participation in care	
	2.2 Demonstrates leadership in professional relationships with	
	colleagues	
	2.2.1 Supporting colleagues	
	2.2.2 Managing critically ill patients outside the intensive care unit	
workload allocation and contributing to the quality of care provided within the intensive care unit and the organisation by ensuring compliance with policy and guidelines. They are recognised by others for their contribution and often sought to lead practice and participate in organisational development. The Advanced Practitioner promotes wellbeing among staff, recognising when colleagues require facilitation, provides constructive feedback to remediate error, demonstrates and encourages others to be reflective and is recognised to demonstrate professional resolve to ensure the best for patients and their families. These distinguishing attributes and behaviours are made evident through professional relationships within and across health care teams, personal governance (mindful attention, noticing, personal insight into continuing professional development needs) and excellent communication skills.  Teaching  The Advanced Practitioner facilitates others through teaching and	2.2.3 Undertaking research and research appraisal	
	2.2.4 Presenting at conferences and publishing	
	2.2.5 Undertaking continuing professional development	
	2.3 Demonstrates leadership in managing	
	2.3.1 The staffing resource	
	2.3.2 Intensive care resources	
	2.3.4 Emergency situations	
	2.3.5 Medical Emergency and outreach teams	
Teaching	2.4 Teaching others through	
	2.4.1 Monitoring performance of colleagues	
	2.4.2 Providing mentorship	
professional team. They demonstrate the highest standard of ethical	2.4.3 Assessing the competence of others through direct observation of performance	
	2.4.4 Assessing others' written accounts to demonstrate competence	
<b>g</b>	2.4.5 Demonstration of competence and skills to others	
	2.4.6 Teaching patients and families	
	2.4.7 Facilitating continuing professional development	
	2.4.8 Medical equipment training	
	2.4.9 Patient follow-up	

### **Supervision**

The Advanced Practitioner participates in the supervision of all staff including clinical and non-clinical colleagues to enable them to practice effectively and efficiently in the critical care setting. Supervision includes the critical evaluation of performance, contribution of others as well as facilitation of others to enable them to achieve their potential.

### 2.5 Supervises and guides others in the implementation of:

- 2.5.1 Protocols and guidelines
- 2.5.2 Evidence Based Practice
- 2.5.3 Safety and Improvement Initiatives (care bundles, error reporting systems)
- 2.5.4 Tools to measure aspects of care and patient outcomes
- 2.5.5 Prevention strategies

#### DOMAIN 2 CLINICAL LEADERSHIP, TEACHING AND SUPERVISION

Descriptor	Competency	Knowledge	Skills	Attitudes
Professional leadership The Advanced Practitioner demonstrates leadership through role modelling best	2.1 Demonstrates leadership in professional relationships with patients and their families	Ethical and legal issues in decision-making for the incompetent patient	Relational skills	Positive
practice, advocating for patient and family centred care, introducing and steering	2.1.1 Supporting transition to end of life care 2.1.2 Involves families in best	Principles of delivering bad news to patients and families	Communication skills: . Verbal communication . Active listening	Empathic
nnovative approaches to critical care nursing. Leadership is also	interest meetings 2.1.3 Supervises and	Principles of patient and family participation	. Controlling body language . Choosing appropriate	Listening
demonstrated through managing the staffing resource, workload	encourages families' participation in care	Communication techniques	wording . Using jargon appropriately	Emotionally intelligent
allocation and contributing to the quality of care provided within		Causes of distress in patients and family	Nonverbal communication     Written communication	Integerity
he intensive care unit and the organisation by ensuring compliance with policy and		Methods of minimising distress in patients and family	Transactional written communication     Informational written	Respectful
guidelines. They are recognised by others for their contribution		The role of relatives and their contribution to care	communication - Instructional written	Intercultural mindset
and often sought to lead practice and participate in		Physiological effects of pain and anxiety	communication . Visual communication	Open-minded
organisational development.		Stress responses		Patient
The Advanced Practitioner promotes wellbeing among staff, ecognising when colleagues		Recognition and assessment of anxiety		Discrete
require facilitation, provides		Recognition and methods of assessment of pain		Compassionate

constructive feedback to remediate error, demonstrates	Psychological impact of critical illness on family and	Assertive
and encourages others to be	family dislocation	
reflective and is recognised to demonstrate professional	Concept, methodology and impact of ICU diaries	Comforting
resolve to ensure the best for	Palliative care Ethical reasoning	
patients and their families.	Euthanasia	
These distinguishing attributes and behaviours are made evident through professional relationships within and across	Decision-making processes for withholding and withdrawing treatment and support	
health care teams, personal governance (mindful attention,	The limitations of intensive care medicine	
noticing, personal insight into continuing professional development needs) and excellent communication skills.	Principles of delivering bad news to patients and families	
	Local resources available to support dying patients and their families, and how to access them	
	Bereavement: anticipating and responding to grief	
	Cultural and religious attitudes and beliefs to life threatening illness and death	
	Cultural and religious practices of relevance when caring for dying patients and	
	their families  Cultural and religious factors which may influence attitude	
	to brain stem death and organ donation	
	Effective communication	
	Resilience	
	Ethical and legal issues in decision-making	

	Family and patient		
	participation Visiting policies		
	Dealing with emotions		
	Dealing with emotions		
2.2 Demonstrates leadership in professional relationships with colleagues	Team building techniques	Teamworking	
2.2.1 Supporting colleagues 2.2.2 Managing critically ill	Teamwork methods and techniques	Relational skills	Assertive
patients outside the intensive care unit	Methods to facilitate cooperation	Communication skills . Verbal communication	Supporting
2.2.3 Undertaking research	Supervision and mentorship	. Active listening	Compassionate
and research appraisal 2.2.4 Presenting at conferences and publishing	Train the trainer	Controlling body language     Choosing appropriate     wording     Using jargon appropriately	Interested in personal development and lifelong learning
2.2.5 Undertaking continuing professional	Conflict solving	. Nonverbal communication	Inspiring
development	Presentation techniques	Written communication     Transactional written communication     Informational written communication	Offering opportunities for personal and career development
	Electronic methods of accessing professional literature	Instructional written communication     Visual communication	Openminded
	Methods of identifying sound and relevant professional literature	. Visual communication	Altruistic
	Reading and interpreting research reports		Enthusiast
	Principles of evidence-based medicine and nursing		Patient
	Levels of evidence		Reliable
	Principles of appraisal of evidence, research findings, and integrative literature		Discrete
	and the grant of the state of t		Valuing

	Principles of applied research and epidemiology: . Research questions . Study designs . Population versus sample and sampling methods . Types and consequences of bias	Promoting personal development and life-long learning Skills that support intrapersonal and interpersonal engagement Creating a collaborative environment Presentation skills	Appreciating
	Basics of statistics and data interpretation  Principles of implementation	Electronically accessing professional literature Identifying sound and	
	science	relevant professional literature	
	Distinction between statistical and clinical relevance	Reading and interpreting research reports	
		Writing research questions	
		Interpreting clinical and statistical data	
		Appraising evidence, research findings, and integrative literature	
		Integrating research findings in clinical practice	
		Interpreting (clinical practice) guidelines	
		Interpreting and acting upon data resulting from clinical assessment, patient files, and monitoring devices	
		Linking data	
		Peer reviewing	
2.3 Demonstrates leadership in managing	Management methods and styles	Relational skills	Inspiring
2.3.1 The staffing resource 2.3.2 Intensive care resources	Principles of professional appraisal and constructive feedback	Communication skills:	Interested in and promoting life-long learning and

2.3.4 Emergency situations 2.3.5 Medical emergency and			personal development
outreach teams	Principles of interdisciplinary communication	. Verbal communication	Stress-resistant
	Principles of change management	. Active listening	Policy-supporting
	Principles of benchmarking	. Controlling body language	Result oriented
	Purpose and process of quality improvement activities	. Choosing appropriate wording	Flexible
	Methods of audit and quality monitoring	. Using jargon appropriately	Collegial
	Stock and material resources management	. Nonverbal communication	Confiding in others
	Quality management	. Written communication:	Growth-oriented
	Creating and managing work schedules	- Transactional written communication	Committed to team goals
	Management of information	- Informational written communication	Decision-making
	Principles of crisis management, conflict resolution, negotiation and debriefing	- Instructional written communication	Influential
	Human resources management	. Visual communication	Discrete
	Organization and regulation in the health sector	Promoting life-long learning	Empowered
	General policy and strategic management	Organizational awareness	
	Process management	Problem and conflict solving	
	Meeting techniques	Dealing with competing interest	
	Methodology of student guidance	Coordination skills	
	Mentorship	Rostering	
	Give methodical instructions	IT-skills	
	(Self-)reflection and (self-)evaluation		

How to give feedback	
=	
Labour market analysis and	
job vacancies	
Indicators for performance	
Operating results	
Budgeting and budgeting	
cycle	
Goal setting	
Legal liability	
General rights and	
obligations of employee and	
employer	
Dealing with competing	
interests	
Decision making	
Hospital protocols	
Time management	
Empowerment	
Rostering models	
Knowledge of relevant IT-	
applications	

DOMAIN 2	CLINICAL LEADERSHIP, TEACHING AND SUPERVISION			
Descriptor	Competency	Knowledge	Skills	Attitudes
Teaching The Advanced Practitioner	2.4 Teaching others through	Principles of adult education (andragogy)	Teaching skills	Inspiring
facilitates others through teaching and supervision and in	2.4.1 Monitoring performance of	Methods and factors that promote learning	Providing feedback	Motivating
providing motivation, inspiration	colleagues	Adult learning styles	Presentation skills	Encouraging
and encouragement. They participate in teaching	2.4.2 Providing mentorship 2.4.3 Assessing the	Mentorship and mentoring	IT skills	Creative
programmes that benefit the multi professional team. They demonstrate the highest	competence of others through direct observation of	Methods of effective and interdisciplinary communication	Relational skills	Positive
standard of ethical deportment	performance	Methods of student guidance	Communication skills	Authentic
and can clearly articulate their	2.4.4 Assessing others'	Give methodical instructions	. Verbal communication	Involving
reasoning, decision making and rationale while teaching at the	written accounts to demonstrate	Self-reflection and self- evaluation	. Active listening	
bedside or in the classroom.	competence 2.4.5 Demonstration of	How to give feedback	. Controlling body language	
	competence and skills to others	Presentation techniques	. Choosing appropriate wording	
	2.4.6 Teaching patients and	Supervision	. Using jargon appropriately	
	families	Motivational techniques	. Nonverbal communication	
2.4.7 Facilitating continuing professional development 2.4.8 Medical equipment training 2.4.9 Patient follow up	professional	Methods of monitoring performance	. Written communication	
	Indicators of performance	- Transactional written communication		
	Assessment of competencies	- Informational written communication		
		Subject matter knowledge	- Instructional written communication	
			. Visual communication	
			Motivational techniques	

DOMAIN 2	CLINICAL LEADERSHIP, TEACHING AND SUPERVISION			
Descriptor	Competency	Knowledge	Skills	Attitudes
Supervision The Advanced Practitioner participates in the supervision of	2.5 Supervises and guides others in the implementation of:	Supervising and guiding	Supervising and mentoring	Positive
all staff including clinical and	2.5.1 Protocols and	Implementation techniques	Relational skills	Empathic
non-clinical colleagues to enable	guidelines	Measuring compliance	Communication skills	Listening
them to practice effectively and efficiently in the critical care setting. Supervision includes	2.5.2 Evidence-based practice 2.5.3 Safety and	Providing feedback	. Verbal communication	Emotionally intelligent
the critical evaluation of	improvement initiatives	Mentorship and mentoring	. Active listening	Integer
performance, contribution of others as well as facilitation of others to enable them to	performance, contribution of others as well as facilitation of others to enable them to (care bundles, error reporting systems)  2.5.4 Tools to measure	Methods of effective and interdisciplinary communication	. Controlling body language	Respectful
achieve their potential.		Give methodical instructions	. Choosing appropriate wording	Patient
		How to give feedback	. Using jargon appropriately	Discrete
		Presentation techniques	. Nonverbal communication	Assertive
	Motivational techniques	. Written communication:	Interested in personal development and life-long learning	
	E	Subject matter knowledge	- Transactional written communication	Long-term thinking
		Effective communication techniques	- Informational written communication	Motivating
		- Instructional written	- Instructional written communication	Passionate
			. Visual communication	Scrutinous
			Motivational skills	Structured
			Providing feedback	
			Observation skills	

### DOMAIN 3 PERSONAL EFFECTIVENESS

Descriptor	Competency	
Communication skills	3.1 Demonstrates excellent communication skills:	
The Advanced Practitioner has specialist expertise and from that the	3.1.1 Communicates in a verbally clear, precise manner	
privilege of influence. The following seeks to express the way in which the empathic professional communicates in a clear and precise manner (in writing and verbally), ensures that they are understood and conveys in manner and deed their compassion, thoughtfulness and commitment to critical care nursing practice, their colleagues, their patients and the relatives. This means they are able to exercise personal governance, ethical deportment and self-control in all circumstances and with all colleagues, staff, patients and relatives.	3.1.2 Communicates well through all written media	
	3.1.3 Communicates effectively with all staff (clinical and non-clinical, senior and junior colleagues))	
	3.1.4 Facilitates difficult conversations with families	
	3.1.5 Facilitates difficult conversations with staff	
Personal attributes	3.2 Demonstrates the following personal attributes	
The Advanced Practitioner demonstrates the following professional and	3.2.1 Remains calm under pressure	
personal qualities that enables others to model their behaviour, be inspired and motivated.	3.2.2 Positive and encouraging	
inspired and motivated.	3.2.3 Resourcefulness	
	3.2.4 Dedication to lifelong learning	
	3.2.5 Enacts the values of patient and family centred care	
	3.2.6 Self-aware i.e. reflective of personal bias	
Personal and professional influence	3.3 Recognised by others for the following qualities	
The Advanced Practitioner is influential. Influence is recognised by others	3.3.1 Inspirational	
within and outside the critical care unit. The following seeks to describe	3.3.2 Demonstrates practice that is consistent and effective	
how the Advanced Practitioner ensures their contribution is respected, valued and sought.	3.3.3 Serves as a resource of experiential wisdom	
3	3.3.4 Acts in a timely and efficient manner	

### **Domain 3 Personal Effectiveness**

DOMAIN 3	PERSONAL EFFECTIVENESS			
Descriptor	Competency	Knowledge	Skills	Attitudes
Communication skills The Advanced Practitioner has  3.1 Demonstrates excellent communication skills:	Effective communication techniques:	Active listening	Open to communication	
specialist expertise and from	3.1.1 Communicates in a	. Verbal communication	Controlling body language	Actively listening
that the privilege of influence. The following seeks to express	verbally clear, precise manner	. Nonverbal communication	Choosing appropriate wording	Punctual
the way in which the empathic professional communicates in a	3.1.2 Communicates well through all written	. Written communication	Using jargon appropriately	Accurate
clear and precise manner (in writing and verbally), ensures	media 3.1.3 Communicates	- Transactional written communication	Text formatting	Structured
that they are understood and conveys in manner and deed	effectively with all staff (clinical and non-	- Informational written communication	Text editing	Reliable
their compassion, thoughtfulness and commitment	clinical, senior and junior colleagues)	- Instructional written communication	Scientific writing	Patient
to critical care nursing practice,	3.1.4 Facilitates difficult	. Visual communication	Self-knowledge	Informative
their colleagues, their patients and the relatives. This means	their patients . This means exercise ance, ethical self-control in a and with all  conversations with families 3.1.5 Facilitates difficult conversations with staff	Language, grammar and punctuation rules		
they are able to exercise		Communication barriers		
deportment and self-control in all circumstances and with all colleagues, staff, patients and relatives.		Relational skills		
Descriptor	Competency	Knowledge	Skills	Attitudes
Personal attributes The Advanced Practitioner	3.2 Demonstrates the following personal attributes	Self-knowledge	Handling stress	Patient
demonstrates the following	3.2.1 Remains calm under	Stress handling techniques	Mindfulness	Scrutinous
professional and personal	pressure	Mindfulness	Creative	Patient-centred
qualities that enables others to model their behaviour, be inspired and motivated.  3.2.2 Positive and encouraging 3.2.3 Resourcefulness 3.2.4 Dedication to lifelong	Professionalism	Self-evaluation	Resourceful	
	Evidence based practice	Self-efficacy	Dedicated to lifelong learning	
	learning	Self-relativism		Patient advocating
	3.2.5 Enacts the values of			Creative
	patient and family- centred care			Positive
	3.2.6 Self-aware i.e. reflective of personal bias			Inspiring

### **Domain 3 Personal Effectiveness**

DOMAIN 3		PERSONAL EFFECTIVENESS			
Descriptor	Competency	Knowledge	Skills	Attitudes	
Personal and professional influence	3.3 Recognised by others for the following qualities	Excellent theoretical professional knowledge	Efficiency	Inspiring	
The Advanced Practitioner is influential. Influence is	3.3.1 Inspirational 3.3.2 Demonstrates practice	Excellent procedural knowledge	Leadership skills	Skilful	
recognised by others within and outside the critical care unit. The following seeks to describe how	vithin and that is consistent and e unit. The effective	Evidence based practice	Communication skills	Respecting professional confidentiality	
the Advanced Practitioner	experiential wisdom	Clinical reasoning	Relational skills	Scrutinous	
ensures their contribution is respected, valued and sought.	3.3.4 Acts in a timely and efficient manner	Ethical reasoning		Quality seeking	
respected, valued and sought.	spected, valued and sought.			Resourceful	
				Creative	
				Effective	
				Thoughtful	
				Committed to lifelong learning Ethical	
				Respectful	

### DOMAIN 4 SAFETY AND SYSTEMS MANAGEMENT

Descriptor	Competency
Quality and safety	4.1 Undertakes Quality Improvement Projects
The Advanced Practitioner demonstrates competence in quality and	4.2 Reviews Evidence Based Practice for protocols and guidelines
safety management. Quality systems are in place to redress error.  Systems to improve quality are constantly evolving, developing, under	4.3 Contributes to the production of Care Bundles
revision and evaluation. The Advanced Practitioner has a significant role to play in leading, critiquing, contributing to processes, undertaking, evaluating (by linking initiatives to patient safety and satisfaction data) to reduce error and enhance performance.	
Workload management	4.4 Assesses, implements and evaluates workload allocation
The Advanced Practitioner assesses the capabilities of staff and then	4.5 Uses IT systems to facilitate workload allocation
allocates work accordingly. The Advanced Practitioner can plan ahead, organise and prioritise workload and reallocate workload as issues arise.	4.6 Assesses Staffing Capabilities to deliver care
Service development	4.7 Evaluates future service demand
The Advanced Practitioner recognises opportunity for development to improve care and the range of services available to patients and their families. Working in teams and drawing on expertise from other disciplines, they recognise opportunity, build practice and expand services.	4.8 Demonstrates business and management capability

DOMAIN 4		SAFETY AND SYSTEMS	MANAGEMENT	
Descriptor	Competency	Knowledge	Skills	Attitudes
Quality and safety The Advanced Practitioner	4.1 Undertakes Quality Improvement Projects	Quality improvement methods and models	Collaborative and multidisciplinary working	Patient
demonstrates competence in quality and safety management.		SMART framework	Applying a systematic approach	Enthusiast
Quality systems are in place to		Theories of change	Managing complexity	Optimistic
redress error. Systems to improve quality are constantly		Methods of collaborative working	Time management	Persevering
evolving, developing, under revision and evaluation. The Advanced Practitioner has a		Understanding the complex healthcare environment	Timely seeking appropriate support	Structured
significant role to play in leading, critiquing, contributing to processes, undertaking,		Real-time measurement methods	Written, verbal, nonverbal and visual communication skills	Aiming for long-term results and sustainability
evaluating (by linking initiatives		Managing complexity	Relational skills	Problem-solving
to patient safety and satisfaction		Time management	Problem-solving	Scrutinous
data) to reduce error and enhance performance.		Implementation methods	Measuring baseline and postintervention data	Open
		Patient safety	Analysing and interpreting collected data	Motivating
		Prevention of adverse events	Effective reporting (verbal and written reporting)	Long-term thinking
		Basics of statistics	Motivational skills	
		Theories of change	Develop plans, schedules, and budgets for projects to improve existing processes.	
		Motivational techniques		
		Quality standards		
		Quality regulation bodies		
	4.2 Reviews Evidence Based Practice for protocols and	Current guidelines related to intensive care nursing	Electronically accessing professional literature	Critical minded
	guidelines	Electronic methods of accessing professional literature	Identifying sound and relevant professional literature	Life-long learning

	Methods of identifying sound and relevant professional literature	Reading and interpreting research reports	Interested in personal development
	Reading and interpreting research reports	Interpreting guidelines	Curious
	Principles of evidence- based medicine and nursing	Interpreting clinical and statistical data	Careful with judgement
	Levels of evidence	Appraising evidence, research findings, and integrative literature	Open-minded
	Principles of appraisal of evidence, research findings, and integrative literature	Integrating research findings in clinical practice	Objective
	Principles of applied research and epidemiology:	Interpreting (clinical practice) guidelines	Rational
	. Research questions	IT-skills	Structured
	. Study designs	Conducting needs assessments	Accurate
	. Population versus sample and sampling methods		Reliable
	. Types and consequences of bias		
	Basics of statistics and data interpretation		
	Distinction between statistical and clinical relevance		
	Methods of assessing clinical practice		
4.3 Contributes to the production of Care Bundl	Principles and effects of care bundles	Undertaking systematic literature reviews	Scientific integrity
	Conducting needs assessments	Appraising evidence	Critical thinking
	Electronically accessing professional literature	Academic writing	Structured

Conducting systematic literature reviews	Working interdisciplinary	Practical
Identifying sound and relevant professional literature	Motivation techniques	Motivating
Interpreting statistical data	Effective reporting (verbal and written reporting)	Collaborating
Appraising evidence, research findings, and integrative literature		
Integrating research findings in clinical practice		
Interpreting (clinical practice) guidelines		
Compliance:		
. Methods to increase compliance		
. Methods to maintain compliance		
. Methods to assess compliance		
Principles and methods of quality improvement		
programs		

DOMAIN 4	SAFETY AND SYSTEMS MANAGEMENT		TEMS MANAGEMENT		
Descriptor	Competency	Knowledge	Skills	Attitudes	
Workload management The Advanced Practitioner assesses the capabilities of staff	4.4 Assesses, implements and evaluates workload allocation	Workload allocation frameworks and management systems	Defending staff interests	Open and approachable	
and then allocates work accordingly. The Advanced Practitioner can plan ahead,		Organisational staff recruitment and retention strategies	Team management skills	Resourceful	
organise and prioritise workload and reallocate workload as		Workforce requirements, regulations and guidelines	Time management skills	Assertive	
issues arise.		Methods of audit and quality monitoring	Managerial skills	Supporting	

Quality management and standards of care	Organizational awareness	Patient
Creating and managing work schedules	Problem and conflict solving	Reliable
Measuring and interpreting outcomes in function of staffing capacity and capability:	Dealing with competing interest	Discrete
. Patient safety	Coordination skills	Valuing
. Patient and family satisfaction	Rostering	Appreciating
. Staff satisfaction	Communication skills:	Accurate
Management of information	. Verbal communication	Diligent
Principles of crisis management, conflict resolution, negotiation and debriefing	. Active listening	Empowered
Human resources management	. Controlling body language	Interested in personal development and lifelong learning
Organization and regulation in the health sector	. Choosing appropriate wording	Offering opportunities for personal and career development
General policy and strategic management	. Nonverbal communication	
Process management	. Written communication:	
Labor market analysis and job vacancies	- Transactional written communication	
Indicators for performance	- Informational written communication	
Benchmarking	- Instructional written communication	
Operating results	. Visual communication	
Budgeting and budgeting cycle	Skills that support intrapersonal and interpersonal engagement	

	Goal setting	Creating a collaborative environment	
	Legal liability		
	General rights and obligations of employee and employer		
	Dealing with competing interests		
	Decision making		
	Hospital protocols		
	Time management		
	Organisational culture		
	Leadership		
4.5 Uses IT systems to facilitate workload allocation	Workload Allocation Management Software and support technologies	Information technology skills	Accurate
	E-rostering and e-rostering policies	Rostering	Resourceful
4.6 Assesses Staffing Capabilities to deliver care	Determining and evaluating skill mix of staff	Evaluating risks	Trustworthy
		Taking decisive action	Rational
		Using contingency plans	Scrutinous
		Using escalation policies	Accountable
		Evidence-based decision making	Responsible
		Interpreting results of tools	Empowered
		Using professional judgment	Accurate
		Supporting and fostering a professional work environment	Diligent
		Responding in a timely manner to unplanned changes in staffing, changing patient acuity /	Resourceful

dependency or numbers, including the request for and	
use of temporary staffing	
where	
shortages are identified	

DOMAIN 4	SAFETY AND SYSTEMS MANAGEMENT					
Descriptor	Competency	Knowledge	Skills	Attitudes		
Service development The Advanced Practitioner recognises opportunity for development to improve care and the range of services available to patients and their families. Working in teams and drawing on expertise from other disciplines, they recognise opportunity, build practice and expand services.	4.7 Evaluates future service demand	Organization and regulation in the health sector	Establishing trusting relationships with patients and their relatives	Open and approachable		
	4.8 Demonstrates business and management capability	Range and availability of patient services, including outreach	Interprofessional communication	Resourceful		
		Principles of benchmarking	Teamworking	Assertive		
		Methods of audit and quality monitoring	Coping with stressful situations	Supporting		
		Management methods and styles	Decision making	Patient		
		Principles of interdisciplinary communication	Dealing with emotions	Reliable		
		Management of information	Dealing with obstacles	Discrete		
		Principles of crisis management, conflict resolution, negotiation and debriefing	Effective communication skills:	Valuing		
		General policy and strategic management	. Verbal communication	Appreciating		
		Process management	. Nonverbal communication	Accurate		
		Meeting techniques	. Written communication	Diligent		
			- Transactional written communication	Empowered		
			- Informational written communication	Accurate		
			- Instructional written communication	Trustworthy		
			. Visual communication	Rational		

	Effective reporting (verbal and written reporting)	Scrutinous
	Active listening	Accountable
	Relational skills	Responsible
	Managerial skills	
	Time management	
	IT skills	