“No dose” lung ultrasound correlation with “low dose” CT scan for early diagnosis of SARS-COV-2 pneumonia

Gary DUCLOS1*, MD; Alexandre LOPEZ1, MD; Marc LEONE1, PhD; Laurent ZIELESKIEWICZ1,2, MD.

* Corresponding author: Gary DUCLOS, gary.duclos@ap-hm.fr; +330491965531; Service d’Anesthésie et de Réanimation, Hôpital Nord, Chemin des Bourrely, 13015 Marseille.

1 Aix Marseille Université, Assistance Publique Hôpitaux de Marseille, Service d’Anesthésie et de Réanimation, Hôpital Nord, Marseille, France. Gary.duclos@ap-hm.fr

2 Aix Marseille Université, C2VN, Assistance Publique Hôpitaux de Marseille, Service d’Anesthésie et de Réanimation, Hôpital Nord, Marseille, France.

Conflict of interest:

Dr Gary DUCLOS and Dr Alexandre LOPEZ denied any conflict of interest.

Dr Laurent ZIELESKIEWICZ declare a competing interest as an ultrasound teacher for GE (GE MEDICAL SYSTEMS ULTRASOUND) customers.

Pr Marc LEONE declares a competing interest with Amomed, Aguettant, MSD, 3 M, Pfizer, Aspen and Orion.

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A 54-year-old male presented to our hospital with fever, cough, and dyspnea of four days duration. Due to suspicion for SARS-CoV-2 infection, a nasopharyngeal sample was obtained for PCR analysis and a low dose thoracic computerized tomogram scan (CT) was performed. The patient was admitted to the intensive care unit due to oxygenation failure where a lung ultrasonography was performed in close temporal relationship to the chest CT. Results of the chest CT and the lung ultrasonography are presented in Figure 1. The patient tested positive of SARS-CoV-2 infection.

The contemporaneous scans permit direct comparison of the lung ultrasonography findings with the chest CT. They demonstrate similar findings in terms of location of the areas of pulmonary involvement and the pattern of parenchymal disease. Lung ultrasonography may be considered a useful alternative to low dose chest CT for diagnosis and management of SARS-CoV-2 pulmonary disease given its ease of use, repeatability, reproducibility, absence of radiation, and immediate bedside application that obviates the need to transport the critically ill patient to the CT scanner.
Figure 1. Comparison of lung ultrasonography with chest CT scan in a patient with SARS-CoV-2 pneumonia.

The transverse thoracic CT scan image shows multi-lobar asymmetric lung lesions with peripheral distribution of ground glass opacities, consolidation, and crazy pavement pattern. The lung ultrasonography is presented as thumbnail images that correspond to different areas of the CT scan indicated with long yellow arrows. A and B show A lines (normal aeration pattern); C and D show focal and confluent B lines (interstitial pattern); E and F show thickening and irregularity of the pleural line in association with B lines (suggesting primary lung injury as the cause for the B lines). B lines and pleural irregularity are indicated with short yellow arrows.