Introduction

There has been a steady increase in the group of very elderly patients that is admitted to our ICUs.

These elderly patients have specific age-related problems, different presentation of diseases and, more importantly, other views on what constitutes appropriate treatment.

Undeniably, caring for older patients frequently poses ethical and practical challenges both prior to and during ICU admission. Decision making requires an in-depth understanding of ageing and its consequences on normal organ function, together with close communication with family and other caregivers.

During a two-day symposium we will highlight several of these aspects. You will be asked to actively participate in discussions with an international panel-members and audience. Several knowledgable researchers in the field of elderly patients will present their study results and discuss with you what future research is needed to improve the care of this important patient group.
List of Speakers

A. Artigas, MD
Sabadell, Spain

M. Chew, MD
Linkoping, Sweden

C. Cillóniz, MD
Barcelona, Spain

H. Flaatten, MD
Bergen, Norway

B. Guidet, MD
Paris, France

M. Ibarz, MD
Barcelona, Spain

C. Jung, MD
Düsseldorf, Germany

D. de Lange, MD
Utrecht, The Nederlands

I. López-Alonso, MD
Oviedo, Spain

S. López-Cuenca, MD
Getafe, Spain

D. de Mendoza, MD
Barcelona, Spain

A. Morando, MD
Cremona, Italy

R. Moreno, MD
Lisbon, Portugal

A. Torres, MD
Barcelona, Spain

H. Vallet, MD
Paris, France

www.elderlyicu2020.com
Too Old For The ICU?
dedicated to the critically “very elderly ICU patient”

Programme

Thursday 25th June, 2020

12:30 – 13:00  Registration

13:00 - 13:30  Opening Session

Session 1

Moderator: H. Vallet, MD (Paris, France)

13:30 – 14:00  Keynote lecture: Lessons from the VIP studies
H. Flaatten, MD (Bergen, Norway)

14.00 - 14.20  The molecular basis of frailty and ageing in critical ill
patients
I. López-Alonso, MD (Oviedo, Spain)

14.20 – 14.40  Immunosenecense
H. Vallet, MD (Paris France)

14.40 – 15.00  Functional reserve in the elderly. Living on the Edge
TBC (TBC)

15.00 – 15.20  Coffee-Break
Thursday 25th June, 2020

Session 2

**Moderator:** A. Artigas, MD (Sabadell, Spain)

15.20 – 15:40 *Illness trajectories in elderly patients*  
N. Lone, MD (Edinburgh, UK)

15:40 – 16:00 *Ethical challenges with ICU admission in the very old*  
B. Guidet, MD (Paris, France)

16:00 – 16:20 *Predicting Outcome in Elderly patients — is this possible?*  
D. de Lange, MD (Utrecht, the Netherlands)

16.20 – 16.40 *ICU Trial in the very old. A multi professional approach to limitation of therapy*  
TBC (TBC)

16.40 – 17.40 *Interactive session 1: (via mobile phone)*  
*Should you admit this patient to the ICU?*  
**Moderator:** TBA  
**Discussants:** TBA

Friday 26th June, 2020

Session 3

**Moderator:** H. Flaatten, MD (Bergen, Norway)

09:00 –09:20 *How to find the frail patient in the ICU?*  
S. López-Cuenca, MD (Getafe, Spain)

09:20 – 09.40 *Acute ICU admissions versus planned surgery — does it matter?*  
C. Jung, MD (Düsseldorf, Germany)

09:40 – 10.00 *Adapting severity scores to fit the elderly population*  
R. Moreno, MD (Lisbon, Portugal)

Session 4

**Moderator:** M. Chew, MD (Linkoping, Sweden)

10:00 – 10:20 *Delirium in critical ill elderly patients — will we ever prevent it?*  
A. Morandi, MD (Cremona, Italy)

10:20 – 10.40 *Functional outcome — more important than mortality?*  
M. Chew, MD (Linkoping, Sweden)
Friday 26th June, 2020

10:40 – 11:00  The Second victim: family and friends
B. Guidet, MD (Paris, France)

11:00 – 11:20  Coffee-Break

Session 5

**Moderator:** C. Cilloniz, MD (Barcelone, Spain)

11:20 - 11:40  Sepsis in the very old
M. Ibarz, MD (Barcelona, Spain)

11:40-12:00  Cardiovascular challenges in the very old
C. Jung, MD (Düsseldorf, Germany)

12:00-12:20  Acute respiratory failure in the very old,
A. Artigas, MD (Bacelona, Spain)

12:20- 13:20  Pneumococcal disease in the very old,
Prevention strategies including vaccination
A. Torres (Barcelona, Spain)

13:20-13:40  Lunch

13:40 – 14:00  Evaluating organ dysfunction in the very old?
R. Moreno, MD (Lisbon, Portugal)

14:20 – 14:40  The old ICU patients, cost/benefit?
D. de Lange, MD (Utrecht, The Netherlands)

14:40 – 14:50  **Panel Session:**
Future VIP research: what must we know the next 10 years
**Moderator:** H. Flaatten, MD (Bergen, Norway)

14:50 -  15:50  **Interactive session 2:** Sedation and analgesia in the very old
**Moderator:** M. Chew, MD (Linkoping, Sweden)
**Discussants:** TBA

15:50 -  16:00  Closing remarks
## Registration

**Dates:** June, 25th-26th, 2020

**Technical Secretariat**

Mccann  
Ciutat de Granada 123  
08018, Barcelona, SPAIN  
Tel. +34 932 52 04 00  
info.elderlyico@mccann.es

**Conference Centre**

Paraninfo - Faculty of Medicine  
Casanova Street, 143  
08036 Barcelona (Spain)

**www.elderlyicu2020.com**

### Registration Form

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**The registration fees includes:**

- Attendance to the Scientific Program  
- Conference Documents  
- Certificate of Attendance  
- Coffee Breaks

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