

Too old for the ICU?



Symposium: Too old for the ICU?

Venue: University of Barcelona, Faculty of medicine

Date: 25-26 June 2020

Organisers: Co-organised between the ESICM (European Society of Intensive Care Medicine) and the Spanish Society of Intensive Care Medicine (Sociedad Española de Medicina Intensiva Critica y Unidades Coronarias SEMICYUC) and the Catalan Society of Intensive Care Medicine (Societat Catalana de Medicina Intensiva Critica SOCMIC)

Registration/Information: TBA

Preliminary program

Accreditation for: Intensivists, geriatricians, nurses, physiotherapists, internal medicine

Session 1: Chair: Dylan deLange

13:30 – 14:00 **Keynote lecture:** Lessons from the VIP studies

Hans Flaatten, Bergen, Norway

14.00 - 14.20 **The molecular basis of frailty and ageing in critical ill patients**

Ines Lopez-Alonso, Spain

14.20 – 14.40. **Immunosenescence**

Helene Vallet, Paris France

14.40 – 15.00 **TBA**

15.00 – 15.20 Coffee break

Session 2: Chair: Antonio Artigas

15.20 – 15:40 **Illness trajectories in elderly patients**

Nazir Lone, Edinburgh, UK

15:40 – 16:00 **Ethical challenges with ICU admission in the very old**

Bertrand Guidet, Paris, France

16:00 – 16.20 **Predicting Outcome in Elderly patients – is this possible?**

Dylan de Lange, Utrecht, the Netherlands

16.20 – 16.40 Coffee break

16.40 – 17.30 **Interactive session 1: Should you admit this patient to the ICU?**

Chair and discussant TBA. Interaction via mobile phones

20:00 – 23:00 Symposium dinner in the city

PROGRAM DAY 2

Friday 25 June 2020

Session 3: Chair Hans Flaatten

09:00 –09:20 **How to find the frail patient in the ICU?**

Sonia Lopez-Cuenca, Spain

09:20 – 09.40 **Acute ICU admissions versus planned surgery – does it matter?**

Christian Jung, Düsseldorf

09:40 – 10:00 **Adapting severity scores to fit the elderly population**

Rui Moreno, Lisbon, Portugal

10:00 – 10:20 Coffee break

Session 4: Chair Bertrand Guidet

10:20 – 10:40 **Delirium in critical ill elderly patients – will we ever prevent it?**

Alessandro Morandi, Cremona, Italy (not confirmed yet)

10:40 – 11:00 **Functional outcome – more important than mortality?**

TBA

11:00 – 11:20 **The Second victim: family and friends**

Bertrand Guidet

11:20 – 12:30 Lunch

Session 5: Chair TBA

12:30 - 12:50 **Sepsis in the very old**

Mercedes Ibarz, Spain

12:50-13:10 **Cardiovascular challenges in the very old**

Christian Jung, Germany

13:10-13:30 **Acute respiratory failure in the very old,**

Antonio Artgas, Barcelona, Spain

13:30- 13:50 Coffee break

Session 6: Chair TBA

13:50 – 14:10 **Can biomarkers predict outcome in the elderly patients?**

Rui Moreno

14:10 – 14:30 **The old ICU patients, cost/benefit?**

Dylan deLange

14:30 – 14:50 **Future VIP research: what must we know the next 10 years**

Hans Flaatten et el Panel session

14:50 – 15:10 Coffee break

15:10 - 16:00 **Interactive session 2: Sedation and analgesia in the very old**