



The Intensive Connection



Tony WHITEHOUSE BSc, MBBS, FRCA, MD, FFICM

Specialization(-s): Adult Liver and Surgical Intensive Care
Institute: Queen Elizabeth Hospital Birmingham (QEHB)
Department: Critical Care
City: Birmingham
Country: United Kingdom
Function: Consultant (QEHB) and Honorary Reader in Intensive Care Medicine (University of Birmingham)



Key words: Septic Shock, Infection Control, Antibiotic Therapy

Tony Whitehouse is an intensive care (ICU) consultant working at the Queen Elizabeth Hospital Birmingham (QEHB), an 83-bedded ICU which treats patients from all adult specialties including bone marrow, liver, kidney, heart and lung transplantation, burns, trauma, neurosurgery and cardiac surgery. QEHB is also the accepting hospital for injured UK military personnel.

Tony trained in many of the major London teaching hospitals where he developed research interests in ICU infection (its prevention and control) and mechanisms of sepsis-induced acute renal failure for which he was conferred an MD in 2005. Since joining the QEHB in 2004, he has developed an active research programme studying Septic Shock, Antibiotic Pharmacokinetics, and ICU Rehabilitation.

He is holder of a £1.6 million grant from the NIHR investigating beta blockade in septic shock; the STRESS-L study started in April 2018, is due to report in 2020 and will recruit 340 patients from 35 centres throughout the UK.

When not at work Tony sings in the CBSO chorus, regularly performing with the City's Symphony Orchestra in Symphony Hall.

Mentor Programme Statement:

The ICU at the Queen Elizabeth is a very large ICU and is the largest liver transplant unit in the UK. We see all manifestations of critical illness from liver diseases and we will guide mentees in all aspects of hepatobiliary medicine and surgery.