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IDCCM- Indian Diploma of Critical Care Medicine – EDIC

Specialty: Intensive Care Medicine
Institute: Deenanath Mangeshkar Hospital and Research Center
Department: Adult intensive care
City: Pune
Country: INDIA
Function: Consultant
Scientific Focus: Research inclinations- MODS due to Tropical Infections, ARDS, Intensive Care in resource limited conditions
Key words: Tropical Diseases, Resource limited ICU, ARDS



Why I wish to be a mentor?

Guides and Teachers play a very important role in our training, education and professional development. But I have always wondered; do they fulfill the “real “demands of students or trainees? The demands of the students in their formative years are varied, i.e. intellectual dialogue, coping up with the present challenges, anxiety and apprehension about future and much more. The need for an entity who fulfills the criteria of a friend, philosopher and guide is overwhelming. Unfortunately, though I had very good teachers and guides in my medical college, university and hospital, I never had a TRUE MENTOR who guided me at difficult professional decision-making moments in my career. Today I definitely believe that I would had achieved much more than what I have today, had I had a Mentor from Intensive Care Community. I must confess today that whatever I have achieved is by trial and error method and by learning from the mistakes of my seniors.

Thus, I feel, I must share my experiences, my views and my conclusions about many things in life with a junior friend who really wants a Mentor in ICU career. It could be in choosing a research topic or taking up a fellowship post or applying for a research grant or simply preparing for exams.

Currently I am heading a 74 bedded ICU for adult intensive care in a 550 bedded hospital in Pune, which is one of the leading Metroes in India. Our multidisciplinary ICU offers a diverse casemix of patients ranging from polytrauma to ARDS to Renal Transplant to primary angioplasty to Dengue/Malaria/Rickettsia MODS to ECMO and the likes. I believe that a trainee intensivist visiting our ICU would definitely gain a different perspective of a modern ICU in our oriental culture.