

## Geoff Bellingan, FRCP, PhD

**Specialty:** General adult intensive care  
**Institute:** University College London Hospital  
**Department:** Surgery and Cancer Board  
**City:** London  
**Country:** United Kingdom  
**Function:** Medical Director (UCLH) and Reader in Intensive Care Medicine (UCL)

**Key words:** ARDS, inflammation, leadership



### What else do I want to say?

Hi I am Geoff. I am an ICU consultant working on a 35-bed mixed surgical/medical unit at University College London Hospitals.

I am also a researcher at UCL with a particular interest in ARDS, inflammation and resolution of inflammation and clinical trials in ICU. I trained in basic science prior to my medical training and later undertook a full basic science PhD at the university of Edinburgh so have a strong track record of academic medicine. I have recently published in Lancet Respiratory Diseases on treating ARDS with interferon beta and we are starting a phase 3 trial on this in 7 European countries shortly. I also published recently in NEJM on Calories – comparing enteral and parenteral nutrition and am part of the SuDDICU group which is working to establish a multinational trial of Selective Decontamination of the Digestive tract.

Another significant role I undertake is as Medical Director for the Surgery and Cancer Board at UCLH. This occupies a very significant amount of my time as this is a huge clinical board with over 2000 staff. This medical management and clinical governance role is very much about leadership and team development and is a vital part of the future doctors role.

I can offer thus several supporting things for developing young intensivists. I can provide advice to young researchers be it in basic science or in translation into clinical trials. I can position this across the European critical care spectrum and I can give insight into leadership and development. As you will see from the roles I undertake my time will be tight so my mentoring role will need to be clearly scheduled but I enjoy helping in developing new leaders and researchers of the future.