

Univ.-Professor Dr. med. Claudia D. Spies

Specialization(-s):	Anesthesiology and Intensive Care Medicine
Institute:	Charité – Universitätsmedizin Berlin
Department:	Anesthesiology and Intensive Care Medicine
City:	Berlin
Country:	Germany
Function:	Director
Scientific focus:	Risk-prevention in anesthesia and intensive care, post-intensive care syndrome, delirium, cognitive dysfunctions
Key words:	PICS, delirium, cognitive dysfunction



What else do I want to say?

Dear young colleagues,

My name is Claudia Spies and I am a full-professor for anesthesiology and intensive care medicine and lead the "Department of Anesthesiology and Intensive Care Medicine at two campuses of the Charité - Universitätsmedizin Berlin" as well as the "Charité Center for Anesthesiology and Intensive Care Medicine". My center performs 65,000 anesthesiologic procedures per year and we take care of 120 critical care beds. In summary, we are always among the top three largest centers in Europe.

I published more than 730 articles with more than 16,000 citations (h-index 56). My research-focus is "risk reduction in anesthesia and intensive care" and my main interest focuses around etiologies and repercussions of acquired neurocognitive disorders after surgery and intensive care. A patient-centered clinical and scientific alignment is signature feature of my work and training-concept for more than 150 residents and fellows in my department.

Since decades, I have been involved in the ESICM's work on research, education and the continuous promotion of young talented woman and men. I stand for diversity, support and merit and I would be glad to mentor a young talented clinician and researcher in the field of intensive care medicine.

All the best
Claudia Spies



Short signature of Professor Claudia Spies for the NEXT mentoring, 2nd Edition

Very selected readings from the last three years:

Lachmann G et al. Hemophagocytic Lymphohistiocytosis: Potentially Underdiagnosed in Intensive Care Units., Shock 2018

Werner J et al., Balanced 10% hydroxyethyl starch compared with balanced 6% hydroxyethyl starch and balanced crystalloid using a goal-directed hemodynamic algorithm in pancreatic surgery: A randomized clinical trial., Medicine (Baltimore) 2018

Winterer G. et al., Personalized risk prediction of postoperative cognitive impairment - rationale for the EU-funded BioCog project., Eur Psychiatry 2018

Mehta S, Spies C, Shehabi Y; Ten Tips For ICU sedation, Intensive Care Med, 2018

Aldecoa et al., European Society of Anaesthesiology evidence-based and consensus-based guideline on postoperative delirium., Eur J Anaesthesiol 2017

Luetz A et al., Validity of Different Delirium Assessment Tools for Critically Ill Children: Covariates Matter Crit Care Med. 2016

Hautz WE et al., Diagnostic performance by medical students working individually or in teams JAMA 2015