



## Margaret Herridge

Everyone knows Professor Margaret Herridge. Margaret is certainly one of the most gifted and talented critical care physicians we know. After obtaining a Bachelor and a Masters in Science, Margaret graduated as MD in 1990 from Queen's University, Kingston, Canada. She then worked as an intern and resident at St. Michael's Hospital, in Toronto.

After a two-year Clinical Fellowship in Pulmonary/Critical Care Medicine in Toronto, she completed a two-year research fellowship at Brigham and the Women's Hospital (Harvard Medical School/Harvard School of Public Health, Boston, Massachusetts), where she also completed a Masters of Public Health.

Since 2013, she has been Professor of Critical Care and Respiratory Medicine, Clinician Scientist in the Faculty of Medicine, and Faculty member of the Clinical Epidemiology and Health Care Research Program at the University of Toronto. Margaret is also Associate Director of the Medical Surgical ICU at the University Health Network, active staff at the Faculty of Medicine of Mount Sinai Hospital, and a Senior Scientist at the Toronto General Research Institute and University Health Network.

No-one can be surprised that Margaret has received numerous research and education accolades at the University of Toronto and beyond. She has earned several awards for Excellence in Critical Care Teaching. She has also received many distinctions from the American Thoracic Society for her contributions to the annual scientific programme, and the direction and growth of the ATS as an organisation.

Professor Herridge was recently awarded by the Women's College Hospital in Toronto as "a woman in medicine who has made a considerable impact at an international level with demonstrable benefit to the well-being of her patients and society at large."

Margaret is an active ESICM member and is always ready to teach, lecture, collaborate and share her thoughts and data with colleagues from all over the world. Since 2013, Margaret has served as Section Editor for Intensive Care Medicine. While maintaining quality and scientific value as the only decision-drivers for manuscripts, her elegant, personal notes to authors, reviewers and editors command respect. Having Margaret on the Editorial Board of ICM is a privilege. She is a wonderful guide and advisor, as she thoughtfully suggests how the journal can improve its value to clinicians, investigators and educators in the field.

Margaret is loyal, faithful and devoted to her friends and family and especially to her patients. She always strives to provide the best care, and the highest possible level of support for patients and relatives. She has high expectations of everyone in this regard, but especially from herself. She will do anything that serves the best interest of a patient, even if it directly or indirectly costs her a lot.

Margaret is inclusive in her language and her behaviour. She honours the contributions of everyone at all levels of training, and understands the need for diversity in society. She is a strong

advocate of junior clinicians and investigators in the workplace. Margaret also has a deep sense of the importance of the inter-professional team. She truly values the knowledge and skills of the collaborative community of inter-professional clinicians - nurses, respiratory therapists, physiotherapists, and others - in advancing both practice and science.

As a researcher, Margaret Herridge has never stopped being an impressive contributor to the field of long-term outcomes in ICU survivors and their family caregivers. Margaret is one of the world's leading ambassadors of Canadian Critical Care, a stronghold of critical care worldwide. Her contributions to the field are among the most impressive and prestigious. Her landmark work discovered the profound physical and neuropsychological sequelae of ARDS survivors. She has sharpened our focus on outcomes beyond survival in other populations. She has brought to the critical community, but also to all clinicians caring for patients suffering from ARDS, a concrete sense of what can be expected in the post-ICU recovery period. She has used both qualitative and quantitative research methods to shine a light on this issue.

Margaret has led investigators spanning the domains of basic science, clinical research, health economics and health services to increase awareness and stimulate us all to improve the health of ICU survivors. Margaret generously collaborates with numerous PIs to extend studies with long-term quality of life and functional outcomes. After her seminal publications in 2003 and 2011, in 2016, the ongoing RECOVER Programme characterised the impact of critical illness on survivors and their caregivers in terms of function, including mental health. She had the insight to suggest that monitoring of outcomes after critical illness should be mandatory so that we can risk-stratify patients and galvanise rehabilitation to be tailored to their needs.

By honoring Professor Margaret Herridge today, the European Society of Intensive Care Medicine awards a wonderful clinician and a pioneering researcher. This talented colleague is a warm person, with exceptional human qualities, including a deep sense of compassion. Margaret has unique insight into a much neglected aspect of critical care. She is a role-model for clinicians today and future generations who will seek to understand and improve long-term outcomes. Everyone knows Professor Margaret Herridge and everyone admires her.

Among the keywords that Professor Herridge passes to this next generation, we include enduring integrity, insight, talent, commitment, selflessness and humility. Congratulations to Dr. Margaret Herridge upon receiving honorary membership of the European Society of Intensive Care Medicine, an award which recognises her scientific achievement and long-standing commitment to ESICM.

**ELIE AZOULAY**  
ESICM Editor-in-Chief of ICM Journal