



Andrés Esteban
MD, PhD

The European Society of Intensive Care Medicine proudly awards this citation of Honorary Membership to Professor Andrés Esteban, MD, PhD, for his major contributions to the European Society of Intensive Care Medicine and to Intensive Care Medicine around the world.

Andrés Esteban graduated in Medicine at the Universidad Complutense of Madrid in 1966, obtaining certifications in Cardiology and Pulmonary Medicine. He completed his training at the Brompton and Hammersmith Hospitals in London. At a very early age he was appointed as Director of the ICU in the Red Cross Central Hospital in Spain in 1973. Among other administrative and academic positions he was CEO of the Red Cross Central Hospital in Madrid (1983-1986), Member of the Council of the World Federation of Societies of Intensive Care (1981-1985), President of the Spanish Society of Critical Care (1985-1989), President of the Spanish Society of Clinical Quality Assurance (1985-1993), and President of the Board of the Avedis Donabedian Foundation. He was chairman of the World Federation of the Societies of Intensive and Critical Care Medicine 6th World Congress in 1993, which contributed in a major way to the subsequent presence of investigators from Latin America and Spain to international forums. He is currently Chairman of the Acute Respiratory Failure Research Group within the Spanish Network for Research in Respiratory Disease (CIBERES), and ICU Director and Research Coordinator in Hospital Universitario de Getafe.

Andrés Esteban has had a major role in the creation of the specialty of Intensive Care Medicine in Spain, and in the design of the intensive care training programs and teaching units evaluation systems that are still being used today.

At the beginning of his career, he was one of the first to introduce and disseminate concepts of ICU monitoring, placing many of the first pulmonary artery catheters in the early 1970s. His international recognition is based on his work in different areas of clinical and translational research. In the clinical area, he was a pioneer in the identification of effective weaning methods, and in the design of evidence-based clinical practice protocols. Lately, he has been able to coordinate more than 1200 ICUs from the all continents to create large databases that have provided important information on how mechanical ventilation is used around the world and how the practice of mechanical ventilation has evolved over time. He has led and fostered the development of translational research in Critical Care using animal models of acute lung injury and sepsis that have helped to elucidate the mechanisms of organ injury in these contexts. This currently active research is providing insights into the role of nitro-oxidative stress in cell injury and is facilitating the development of new biochemical and magnetic resonance spectroscopy based diagnostic biomarkers. He has published more than 150 original articles in international journals, 17 books, 21 book chapters, and has been invited to present at over 400 international conferences as an invited speaker.

Andrés Esteban has participated in international consensus conferences, such as the American-European Consensus Conference on Weaning from Mechanical Ventilation (2001), the 3th American-European Consensus Conference on Acute Lung Failure/ARDS (2002), the International Consensus Conference on Challenges in End-of-Life Care in the ICU (2003), and the ATS International Conference-Consensus Definition of ALI in Animals (2008). He has received 13 awards from different scientific societies, including the Intensive Care Societies from Spain, Argentina, Uruguay and Chile. He is Professor ad honorem in Facultad de Medicina de la Universidad de la República Oriental del Uruguay, and Facultad de Medicina de la Universidad del Desarrollo de Santiago de Chile. Andrés is an endowed, enthusiastic, and knowledgeable physician, clinician, teacher and administrator, but his special gift is his leadership and ability to infuse a non declining enthusiasm for patient care and science

The ESICM recognizes how important Dr. Esteban's contributions have been. It is an honor for Spanish Intensivists to have one of its most distinguished and talented members recognized with the Honorary Membership of the ESICM.

Miguel A. de la Cal (Deputy Chief of Department)

Fernando Frutos (Staff Clinician; Senior Investigator)

José A. Lorente (Staff Clinician; Senior Investigator)

Department of Intensive Care Medicine and Burn Unit - Hospital Universitario de Getafe (Spain)