

## Online Meeting

### Minutes April 20, 2022 2:00-3:00pm

**Present:** Angelique de Man, Anne-Françoise Rousseau, Annika Reintam Blaser, Carmen Pfortmüller, Caroline Lauwers, Cecilia Loudet, Danni Bear, Petra Zsidegh, Guillaume Besch, Gunnar Elke, M Sanchez, Jan Gunst, Jan Wernerman, Kursat Gundogan, Sigismond Lasocki, Maria Theodorakopoulou, Markó Zsófia, Michael Casaer, Nicholas Heming, Ricardo Rosenfeld, Sergio Ruiz Santana, Stefan Josef Schaller, Veronique Donoghue, Victor Frolov, Xavier Forceville, Zudin Puthucheary

**Excused:** Sjoerd Van Bree, Mette Berger, Elisabeth De Waele, Carole Ichai and Adam Dean

#### **A ESICM LIVES UPDATE, Q&As (MC 10 MIN)**

Our joint efforts since November 2021 contributed to a nice and varied MEN chapter in the October 2022 congress, thank you very much! The progress of the program that I shared with you is to be considered as confidential as it is indeed work in progress and thereby too early to inform potential speakers! The creation of the program is complicated by our ambition to 1) include new young diverse speakers 2) have at least 2 commitments per faculty member 3) include ESICM members with particular investments in the Society and by the fact that the main program is made at a point where the joint sessions and special sessions aren't decided yet. We will discuss after the finalization of the 2022 Lives program for Paris, how to optimize the flow of the process in the congress committee.

#### **B NEWS FROM THE RESEARCH COMMITTEE (GE 5-10 MIN)**

Gunnar Elke reports on activity mainly concerning the selection of research grants and awards, deadlines have been extended due to low number of proposals submitted. An interesting project planned by the research committee is a paper aggregating the regulations for RCT planning in different EU countries with particular focus on enrollment of (unconscious) critically ill patients, which despite being guided by EC guidelines seem to differ. Ultimately, the goal is to plead for harmonization. ESICM national representatives will also be informed by RC. Zudin proposes to join the effort allowing to include the UK perspective. *A similar separate project covering laws and regulations regarding prospective observational studies and surveys might also be of value for researchers within ESICM and beyond.*

#### **C ESICM-MEN CLINICAL TRAINING COURSE/LEARNING PATHWAY UPDATE/SOCIAL MEDIA, Q&As (AFR, MC, SJVB 5-10 MIN)**

Danni Bear reports that the intention to integrate a MEN contribution in masterclasses from other sections (ECMO, HD, Trauma...) exists but will have to wait until new modules are planned. Michael gives an update on the Nutrition Pathway (please refer to previous minutes for more details). Promo webinar well attended (see below slide). Applications rose to more than 120 for 80 places in the course. Candidate centers for clinical fellowships 2022 or 2023 are very welcome, please mail Michael & Gunnar. After the course we will select candidates for the clinical fellowship and candidates to submit a research proposal. Thank you, Stefan

Schaller, for guiding us in the selections to be conducted from application to the course until, fellowship application, abstract submission etc.

AF Rousseau is updating the ESICM website for MEN and asks all members with research updates to contact her (starting projects, results published, awards...) It is a win-win, you increase the MEN visibility and MEN increases the visibility of your research (as requested by many funding bodies under the header "Broad science communication" 😊)

Sjoerd is coordinating the review and updates of the different on-line modules, the time pressure is high: Jean Charles kindly accepted to up-date the abdomen/GI chapters, Michael will review the Nutrition part in the upcoming days as they are the self-study material of the Nutrition Pathway, Alexander Wilmer checked the Pancreatitis chapters, a lot of new data needs to be integrated in a revised version, he hasn't enough time for this but is proposing to review the revised version, Angelique DM is candidate to collaborate in this revision. Michael will also contact Xavier Wittebolle as a potential candidate. **The very limited return on investment for this time consuming and crucial task remains a problem.**

### D MODUS OPERANDI FOR 2022/2023 (ALL 20 MIN)

- Content & communications → idea to do this with the vice-chair, representatives, some other volunteers and the chair (max 10 pers. WG leaders and a young member) This panel for interaction and synchronization of our efforts (meeting on-line every 2 months) would also result in more up to date information during MEN sections (planned 4 times /year). **After lively interaction the proposal is accepted overwhelmingly by hand raising, thank you!**
- Schedule for next (online) meetings **follows**
- WG overview, ongoing projects/studies, including, **GI Function** (ARB); striving at validation of the published score (also on-going in China), revisiting the Research Agenda, identifying other markers of GI function, **Phosphate** (Carole Ichai, Arthur Van Zanten and Mette Berger have the lead, Michael will check who can update us), **Vitamin D** (Karin Amrein, not present, RCT ongoing), Micronutrients (ADM submitted a proposal for ESICM grant aimed a measuring micronutrients in White and red blood cells, Mette successfully conducted the huge effort of ESPEN micronutrient GL, published in Clin. Nutr. Congrats Mette! This aggregated detailed expert information will inform our future steps) **CONCISE** (Zudin submitted the paper to ICM, congrats and good luck, he is considering to organize an on-going update in collaboration with the outstanding platform CriticalCareNutrition initiated by Dr Heyland and Dr. Stoppe)?
- Gunnar and Michael brainstormed on an agenda for research beyond day 7? **To be discussed later**
- Relaunch of a Muscle integrity and physical function WG (Zudin, Stefan, Greet H., Olav, MC...) revive in collaboration with HSRO Christian Jung? Zudin suggests to involve research physiotherapists such as Rik Gosselink. Very good suggestion (even if Rik was allowed recently to the status of Hon. Professor).
- Check new members and addresses (please send your current mail address to the ESICM office to update their lists)

### E NEW NAME (10 MIN) INCLUDING RECOVERY OF PHYSICAL FUNCTION / REHAB?

Michael had some informal interaction with our ESICM-president. Maurizio supported the idea of changing the name of our very active and dynamic section. He asked to forward the proposed acronym ASAP so that it can be decided on within the Societies time frame.

We propose to include reference to the clinical and translational efforts in the context of Metabolism, Endocrinology and Nutrition that include the perspective of muscle integrity and physical function. Indeed, most recent RCT's did include long-term functional outcome and the CONCISE project is another impressive reflection of our strength. **Proposal is accepted by hand raising.**

Michael suggests to call for new acronyms including “physical function”, as this is now only the case for the last 2 acronyms. **All agree, but indicate upon suggestions by Xavier Forceville, that **FREM** is a very good candidate. We look forward to the feedback of colleagues who couldn't join, thank you!**

- MEN            **Metabolism, Endocrinology Nutrition**
- MENU        **Metabolism and Nutrition**
- MENU        **Metabolism, Endocrinology Nutrition**
- EAT          **ESICM Section of Alimentation Therapy**
- ENERGY    **ESICM Section of Nutrition, Metabolism and Endocrinology**
- MAINTAIN    **Metabolism and Nutrition Therapy in Intensive Care**
- MINUTE      **Metabolism and Nutrition Therapy**
- NOTE        **Nutrition and Metabolism in Intensive Care**
- NUTRITIVE   **Nutrition Therapy Intensive**
- MERF        metabolism, endocrinology, rehabilitation and feeding
- FREM        feeding, rehabilitation, endocrinology and metabolism

### CALL TO ACTION (TO BE SEND WITHIN THESE MINUTES AND WITHIN THE ACCOMPANYING MAIL)

- 1) Candidates to **host clinical fellows** for a week in their center in the context of the Nutrition Pathway in 2022 or 2023, please mail us.
- 2) Candidates to contribute to the **revision of the Pancreatitis chapter on-line**
- 3) Colleagues who have **research news-updates** (new projects, upcoming publications, symposia, studies completed...) to share with the ESICM community, please contact AF Rousseau
- 4) Colleagues wanting to join the new **Intestinal Ischemia project** by ARB, please mail Annika
- 5) Candidates desiring to **join working groups**, please check the Excel drafted by Annika some years ago to see whether you are included under the working group of your choice and mail Annika and Michael for any changes. (In the near future we aim to share this excel via a share point on the ESICM website if possible, allowing continuous updating by the MEN members)
- 6) Please let us know if you agree with the proposed new acronym **FREM** (feeding, rehabilitation, endocrinology and metabolism)

**THANK YOU ALL FOR – ONCE MORE - A VERY INTERACTIVE AND CONSTRUCTIVE MEETING!**

**I WOULD LIKE TO PARTICULARLY THANK GUNNAR ELKE FOR PREPARING THIS MEETING WITH ME! 😊**

The importance of nutrition in Intensive Care  
12 April 2022\*

\*numbers updated as of 19 April



**470**  
PEAK LIVE VIEWERS

**+19.7K**  
REACHED

**+1.8K**  
VIEWS

