

HSRO Section Meeting Minutes

Date: 27th October 2025 13.00-14.00

Location: Munich Lives and via Zoom

Chair: Susannah Leaver

The room (BM 3 - Schliersee) was full, with additional chairs. There were 2 people on zoom

Introduction and welcome (Susannah Leaver): Great to see everyone and talked through the agenda.

Susannah gave a brief summary of the outcome from the council meeting including the formation of a new section Rehabilitation and PICS and that every section has been assigned a council member. The HSRO section have been assigned Margo van Mol of the executive committee.

Munich Lives: We have a record number of sessions on the program. In addition to, the prescribed one thematic session and one debate, there were 4 joint debates, 1 thematic joint session and 3 clinically orientated debates. There were also 11 poster sessions and 4 video on demand lectures. There is also the second case- based essentials: Crisis management in intensive care.

Susannah discussed the sessions so far:

Monday:

Therapeutic challenges in an elderly patient with sepsis (COD).

Avoiding polypharmacy and overmedication in the elderly and multi-morbid patient (debate)

How should intensive care adapt to cope with the wave of an ageing population.

Sessions to come:

Tuesday:

Can AI help with ethical decision making in an elderly patient in the ICU (COD)

Fine tuning intensive care for the elderly (Debate)

Post ICU syndrome: can we impact the long term consequences following ICU (Debate)

Unexpected consequences following elective surgery. Challenges faced by the intensivist (COD)

Post ICU follow up clinic: A new standard of care (debate)

Case based essentials: Crisis Management in the Intensive care

Wednesday:

Silver Trauma: The challenges of caring for the elderly trauma patient

Organ Failure assessment: The Past The Present and The Future

So far all sessions have been well attended. We discussed that many of our sessions were overlapping and perhaps we could try and avoid this in the future.

Social Media update (Anne Francoise Rousseau)

Anne Francoise explained the aim of the social media representative is to promote the section's activities both on the ESICM website and ESICM social media. The types of things we want to share are projects, ongoing research, results, papers from our section or any of interest to the section. She encouraged everyone to submit content to share. She explained we have a WhatsApp group which is a friendly space where we suggest, discuss ideas or concerns. Again she encouraged people to join.

There is a new official Whatsapp group being launched for the HSRO section and we will send the QR code out for this group. It will have our contact person in the Executive Committee on it. We will decide whether to keep both Whatsapp groups going.

Education (Kristina Fuest)

Kristina discussed and explained the new structure for education in the society. The e-learning committee and education committee groups are merging to become one. We are still waiting to see what the changes mean to the day to day running of educational activities.

Research update

Projects following the Delphi (Michael Beil)

Michael discussed the success of the ESICM consensus-based recommendations for the management of very old patients in intensive care. Since publication of the initial report a number of follow up papers have been published. We are interested in improving relationships between geriatricians and intensivists and are actively engaging with the European Geriatric Medicine society (EuGMS). We presented a symposium on Critical care for very old patients at their recent conference in Reykjavik. The session was well attended, and we are looking to further collaborate with the society.

VIP3 (Susannah Leaver & Bertrand Guidet)

Susannah Leaver presented the VIP3 study "Decision-making in the Old ICU Patients: How are Family Meetings Implemented across Diverse European Cultures". Recruitment has

started in the UK and France. We discussed the huge difficulties we have had with contracts and in particular agreeing rules for data transfer across Europe. This delay has led to delays in commencing VIP 4.

VIP 4 (Christian Jung)

Christian presented the concept for the VIP4 study "The impact of acute and chronic cardiovascular disease in old intensive care patients". This study is an observational study similar to previous VIP studies. The focus is on acute and chronic cardiometabolic comorbidities and several factors such as anaemia and delirium on short and long-term outcome. The study has received ethical approval in Germany and funding from the German Heart foundation. It has been delayed significantly by the difficulties starting VIP3. He would like to start contacting national co-ordinators by the end of the year.

The INDICATE project (Christian Jung)

Christian presented INDICATE "A federated INfrastructure for Data of Intensive CAre uniTs in Europe". This is a European Union-funded project designed to create a secure, standardised, and privacy-preserving data network connecting ICUs across Europe. Instead of transferring sensitive patient data to a central repository, INDICATE uses a federated model, allowing analyses to be performed locally within hospitals while sharing only aggregated results thus not compromising patient confidentiality. There are many benefits to healthcare and ICU including: Improved collaboration and knowledge sharing facilitating research, innovation and personalised medicine; data driven and improved clinical decision making; enhanced predictive analytics and early detection of complications and improved pandemic preparedness and faster response times.

AI Ecosystem in ICU (Michael Beil)

Michael introduced the need to develop an AI ecosystem in ICU. AI is developing at a rapid pace and we need to put systems in place to both utilise this and govern how it is used. There are two sessions to discuss this during the congress. He encourages everyone and all section in the ESICM to be involved in how we shape the use of AI in ICU now and in the future.

PICU survey (Anne Francoise Rousseau)

Anne Francoise presented the CORFU (Critical ill survivORs Follow-Up) survey looking at post ICU follow services across Europe. It is endorsed by ESICM with the aim of determining the current practices across Europe. There are two surveys one for health care workers and the other for patients and families. Currently there are 186 responses from health care providers, 96 with post- ICU clinic. There are currently 96 responses from patients.

Health economics (Claudia Ebm)

Claudia gave us an introduction into health economics and value-based decision making. She explained this goes beyond outcomes and asks: Is it worth it? The values studied are personal, societal, technical and allocative.

This subject fits well into the HSRO remit and we look forward to working with Claudia on this.

SOFA 2 (Rui Moreno)

Rui gave us an update on SOFA -2. He was not able to give us too much information as the information cannot be released until 14.00 on 29th October when he is talking about it in the hot topic session.

Closing Remarks

Susannah thanked everyone for their support during her tenure as chair of the HSRO section. She is now handing over to Michael Beil, who will be an excellent Chair and is already well known to everyone in the room and ESICM.

She put up the slide of the HSRO section representatives and encouraged people to get in touch should they want to be involved in any of the current or new projects.

HSRO Representatives:

- **Chair:** Dr. Michael Beil
- **Research Committee:** Dr. Sigal Svir
- **Social Media & Digital Content:** Dr. Anne-Françoise Rousseau
- **Education:** Dr. Kristina Fuest, Dr. Paul Zajic, and Dr. Adam Woodman Bailey

Susannah would like to thank Anne-Françoise Rousseau, who is finishing her tenure, for her fantastic work as the social media representative.

The meeting was closed

Dr Susannah Leaver (Outgoing Chair, HSRO Section)

Prof Michael Beil (Incoming Chair, HSRO Section)